

A PRESIDENT'S OWN PROFESSOR REMEMBERED

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BEST PLACES IN TOWN FOR FOLIAGE

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OUR 124TH YEAR

Andover Townsman

Issue No. 50

OCTOBER 18, 2012

75 CENTS

One year until Opening Day at Blanchard fields

JUDY WAKEFIELD STAFF WRITER

They look so green, and so lush. They even have fences around them. But the three new baseball fields and one soccer field on Blanchard Street are not yet ready for competition. These fields of dreams need more time for the grass to establish its roots. The first game will happen a year from now - in the fall of 2013.

"I know it looks great, but we have to wait for the roots to really take hold," said Christian "Chris" Huntress, president of Huntress Sports of Andover. His company just released an aerial photograph of the fields site. While the fields look very inviting, the key is to keep off the grass for a bit longer, say youth sports leaders. "Hey, we've waited this long and we don't want

to ruin the grass, so we'll wait one more year," said Scott Nichols, president of Andover Little League. The league is in the midst of fundraising for the second of three phases to create the new Deyermund Park fields project. Nichols said money raised in Phase Two will pay for lights, a snack shack, batting cages, bleachers and other baseball-field amenities. Supporters are looking to raise \$450,000 for those

items, leaving \$200,000 to be raised during the final phase of fundraising. They raised \$350,000 and gave it to the town for the first phase of the project, which created the fields, parking and homerun fences. While \$113,000 has been raised so far for Phase Two, Nichols said the push is on to raise more money before the new park's grand opening



Courtesy photo by Huntress Sports
The Blanchard field complex includes three diamonds and a multi-purpose field.

See BLANCHARD, Page 3

POSTCARDS FROM PETE



Lone Star Geyser in Yellowstone National Park. This geyser erupts every three hours. It went off within seconds of me arriving at it at 6:05 AM. I was the only one there that morning.



Wild mountain goats in Glacier National Park. These guys don't seem to be bothered by passing hikers. I ended up walking between the two, just feet away, to pass by them.



Enjoying snow during the hike down from Swiftcurrent Pass in Glacier National Park. I trailed behind a lone Big Horned Sheep for about a mile here. With three days to go I was snowed on, about 18 inches.



A windy pass. Here I'm on the physical divide where waters either flow to the Atlantic via the Mississippi or the Pacific via the Columbia River. This is Lewis and Clark Pass where Clark last saw the Pacific watershed. He never crossed the divide again after finishing their expedition in 1806.

Enjoying the vista from Pitamakan Pass in Glacier National Park.



Sitting on rocks at Jackass Pass (that's its name - for real!) The Cirque of the Towers is in the background. This is in the southern Wind River Range.

See MICHELINIE, Page 6

The new state rules mean the end of children celebrating their birthdays by bringing in cupcakes for all their classmates.

Healthy snack rules enforced in schools

BY NEIL FATER STAFF WRITER

Don't expect to see any candy handed out in the Andover classrooms this Halloween season.

Superintendent Marinel McGrath sent a letter home to parents Tuesday that makes it clear Andover supports the new state nutrition standards that outlaw home-baked goods from being distributed, and establishes a list of nutrition guidelines for group snacks.

The new state rules mean the end of children celebrating their birthdays by bringing in cupcakes for all their classmates. But the rules do not mean mom or dad can't pack a cupcake in their children's lunch bags.

"We're not monitoring their own packed lunch. They can't bring in a cupcake for [others]," said Rita Casper, nursing director. "We can't tell a parent how they can feed their child."

The new standards do not apply to school breakfast and lunch programs, which remain regulated by the United States Department of Agriculture. The standards apply to food that will be served anywhere else in the school building or grounds during school hours, or during the 30 minutes before and after the school day.

Under the new regulations, all food offered in classrooms or by clubs must come pre-packaged from a commercial kitchen; have less than 35 percent fat; contain fewer than 200 calories and 200 mg. of sodium per serving; have no trans fats, artificial sweeteners or flavors, and contain fewer than 14 grams of sugar.

The regulations effectively will end the practice of serving ethnic food as part of a social studies course, for instance, since the food would need to come prepackaged and meet all these nutritional requirements.

"It's not going to be easy [to do that],"

See SNACKS, Page 3

Andover man takes 5-month hike from Mexico to Canada

JUDY WAKEFIELD STAFF WRITER

Hiking more than 20 miles a day, for 130 days - a total of 2,700 miles through five states - has landed one Andover-rooted hiker among the hiking elite.

His most recent hike, of the Continental Divide Trail from Mexico to Canada, is the third major hike for Pete Michelinie, 27, a 2004 Andover High School graduate. He has already hiked the Appalachian Trail (2,200 miles) and the Pacific Crest Trail (2,600 miles). Now, with his completion of the Continental Divide Trail, he's got a trio of hiking accomplishments that just 170 hikers in the world have, he said.

"Pretty cool," he humbly said of the accomplishment. Especially when you hear about his no-frills hiking style. He had only a compass to guide him on the not so well-marked Continental Divide Trail that winds through woods, fields and some towns. He started in Palomas, Mexico on May 10 and ended in Montana on Oct. 5. (He took a short break



in July and flew to Oregon to attend two weddings.)

He had no cell phone or GPS system, preferring to rely on his compass for directions. Remembering tips from Andover Youth Services and family camping trips were helpful for guidance, he said. Typically, he hiked all day and then ventured off the trail a bit to eat a meal at a restaurant. He faithfully found a payphone in some remote town each week to call his mom, Christine Michelinie of High Street. He also found public libraries to send 13

new every day."

Windmills were a key marker on his hiking landscape, and as he hiked he would enjoy seeing the next windmill get closer and closer. He would set up his tent as darkness approached and be on the trail just after sunrise the following day.

"I hiked 20 to 25 miles a day," he said. "Slowly seeing the progression of the changing landscape is something I will always remember...When you are walking

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Surprise visit



Courtesy photo by Winslow Townson
Boston Bruins Head Coach Claude Julien surprised the Andover U12 girls hockey team by stopping by the team's practice unannounced last Thursday night. Story, page 11.

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In Brief

PAST & PRESENT



THEN: The Barcelos Market on Main Street in Andover. Carlos, John and Jose Barcelos bought the Andover CO-OP in 1975, establishing Barcelos Market. In 1990 the Barcelos closed the market and added a second story to the building.



NOW: The former location of Barcelos Market at 68 Main St., Andover. For years, many residents missed the convenient grocery in the town center. The site today is a CVS pharmacy.

Andover Health Division kicks off new 'sharps' drop-off program

The Andover Health Division has created a new program meant to protect residents from the dangers of discarded needles and other medical devices. A kick-off event is scheduled for Oct. 20 to bring attention to what is known as a new "sharps" drop-off program.

The state of Massachusetts prohibits the disposal of needles, syringes, and lancets in regular trash. These, along with other medical devices that can puncture the skin, are collectively referred to as "sharps" and pose a serious threat to the health and safety of Massachusetts residents if improperly disposed of, according to health workers. Sharps that are inappropriately disposed of may cause injury or transmit blood-borne diseases such as Hepatitis B, Hepatitis C, or even HIV, especially among custodial staff, sanitation workers, children and pets. Through a donation from Pfizer, the Andover Health Division has purchased two sharps collection kiosks. Pfizer has also provided money to assist in the program kick-off event on Oct.

20 from 10 a.m. to 1 p.m. at the Andover Public Safety Center, in conjunction with the Fire Rescue Open House.

Andover residents are encouraged to bring their used sharps in puncture-proof containers, and to learn more about public safety in Andover.

Please use an appropriately sized container for the number of used sharps to be disposed.

Plastic bags or loose needles will not be accepted. The town will not be able to accept prescription medications at that time.

Following the kick-off event, the kiosks will be permanently installed in two town locations for resident convenience. Used sharps must be placed in a rigid, puncture-proof container before being deposited in the kiosks. Sharps containers will be available for sale at the Health Department, Senior Center and the day of the event.

For more information, visit mass.gov/dep/recycle/hazardous/medical or the Memorial Hall Library or the lobby of the Andover Town Offices.

Free program on protecting your PC

Kate Ritter, of Essex PC9LIVES, will speak about how to protect your computer, manage files and backup your computer on Oct. 27 at 10 a.m. at the Lawrence History Center, 6

Essex St., Lawrence. The talk is free and open to public and people do not need to pre-register.

For more information, visit lawrencehistorycenter.org or call 978-686-9230.

Andover Townsman

Established 1887

ISSN 1524-1432
USPS 025-440

Publisher

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Published Thursdays by North of Boston Media Group

33 Chestnut St., Box 1986,

Andover, MA 01810

978-475-7000

Ad fax 978-475-5731

News fax 978-470-2819



E-mail: townsman@andovertownsm.com

Web: andovertownsm.com

Periodical postage paid at Andover, MA, and additional mailing office.

Postmaster: Send address changes to Andover Townsman,

33 Chestnut St., Andover, MA 01810

In-town subscription — One year, \$40; two years, \$68

Subscription outside Greater Lawrence — One year, \$45; two years, \$75

College subscription — One college year, \$30.

COPY DEADLINES

Advertising copy must be in the Townsman office by Monday at 5 p.m.

Camera-ready advertising copy is due by Tuesday at noon.

No cancellations honored after these deadlines.

NILP open house, annual meeting Oct. 24

Northeast Independent Living Program Inc. will hold its annual meeting Wednesday, Oct. 24, from 4 to 7 p.m. at the NILP office on 20 Ballard Road in Lawrence.

NILP provides advocacy and independent living services to people with disabilities living in town, so they can live and work independently. People are invited to join with staff from 4 to 5:30 p.m. for light

refreshments and to visit the different NILP programs and meet with staff about the group's programs and activities. There will be an open house and voting during this time.

A business meeting will be held from 5:30 to 7, during which time NILP will present awards including: its Annual Community Partnership Award, given to a member of the community for his or her commitment to independent living and many years of supporting the mission of NILP and improving the lives of people with disabilities.

110 Percent Award, given to an NILP staff member for going above and beyond their responsibilities.

ADA Champion Award, given to an individual, group, organization, city or town that has demonstrated exemplary ADA compliance.

For more information, contact Kevin or Nanette at 978-687-4288 (v/tty).

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TIP: 20 years of lending hands during times of trauma

The Trauma Intervention Program of Merrimack Valley is celebrating 20 years of community service at its annual Volunteer Appreciation Banquet and Silent Auction fundraiser tonight, Oct. 18, 2012 at the Wyndham Boston Andover.

The group's 19 TIP volunteers, along with first responders from area hospitals, police and fire departments will be honored "for their outstanding commitment and contributions assisting traumatized children and adults in the Merrimack Valley," according to the organization.

One of those being honored is Andover Officer Evan Robitaille.

TIP of Merrimack Valley was founded by Andover resident Jayan Landry, who will also be honored.

As a 501 (c)(3) non-profit charitable corporation, TIP depends on the donations from individuals and corporations to pay for the essential and vital services volunteers provide to those suffering from a trauma, such as a sudden death in the family.

This year, TIP's stated goal is to raise \$10,000.

2012 Honoree Listing includes:

- Cheryl Curby RN, Steward Holy Family Hospital;
- Scott Arthur RN, Lawrence General Hospital;
- Theresa Susen RN,

Steward Merrimack Valley Hospital;

- Sgt. Dan Crevier, North Andover Police Department;
- Officer Evan Robitaille, Andover Police Department;
- Chief Steven Buote, Methuen Fire Department;
- Captain Randy Haggart, Methuen Police Department, Special Services Bureau;
- Joe and Joy Santoro, former TIP clients;
- Ruth Ann LeHane, a Methuen resident involved with TIP Healing Garden support;
- Wendy Delaney, a 10-year TIP volunteer; and
- Dr. Jayan Landry, co-founder and 20-year TIP volunteer.

BLANCHARD: Play ball ... next fall

Continued from Page 1

next year.

"It's a steep hill," Nichols said of the fundraising, "but we'll do it."

About 1,100 kids ages 6 to 18 play Little League baseball in Andover. Games are played at the former Deyermund Field, off Chandler Road. But, it's a covered landfill and the state has ordered the town to eventually close down that park.

In 2008, Town Meeting voted to buy acreage on Blanchard Street so a new ballpark could be built. The town of Andover has leased the new, public Deyermund Park on Blanchard Street to

Here's what a big donation to the new fields on Blanchard Street gets you:

- **\$5,000:** Your name on a plaque or on a dugout. Or, a business name on a banner that hangs on a home run fence.
- **\$25,000:** Your name or a business name on a scoreboard for at least 10 years.
- **\$50,000:** You can have a field (there are four) named after you or a loved one.

Source: Andover Little League website, which states, "Terms of naming opportunities must adhere with the Town of Andover Lease Agreement, and are expected to continue for a period of 10 years. Go to fieldsforourchildren.org for more information."

Andover Little League and the Andover Soccer Association, allowing the groups first access to use the facility at prime times.

"Of course we are excited and looking forward to the opening. Those fields are going to be great," Nichols said.

Town property tax bills have been mailed, payments due Nov. 1

The town of Andover has mailed the real estate tax bill for the second quarter of fiscal year 2013. This is a preliminary bill based on the actual fiscal year 2012 taxes.

Payment is due Thursday, Nov. 1. Taxes unpaid after that date are subject to interest charges of 14 percent.

The Town Offices at 36 Bartlet St. are open Monday through Friday from 8:30 a.m. to 4:30 p.m. Payments can be mailed in the envelope provided or dropped in the white

mail box with the blue "Town of Andover" seal in front of the Town Offices. Payments can also be made online through Unibank, which can be accessed on the town's website at andoverma.gov by clicking on "online bill payments" on the left side, then "pay current Real Estate."

If you have not received a bill, contact the tax collectors' office at treasurer@andoverma.gov or 978-623-8246. For more information, call the assessors' office at 978-623-8265.

SNACKS: Celebrations vs. guidelines

Continued from Page 1

acknowledged Casper. "My recommendation would really be to look at non-food alternatives to talk about, learn about a culture. Whether it's music or art or storytelling, try to depict the culture in a different way."

School-day fundraisers cannot involve candy bars or other sugary snacks. However, groups looking to sell treats in the nighttime, such as during a school play's intermission, or at halftime of a sporting event, could still do so.

While the ice cream man cannot wait outside school for the final bell, "the ice cream man can pull up 30 minutes after the school day ends," said Casper.

Most of the changes are not entirely new to Andover. Andover schools started moving away from providing soda, candy and similar snacks in the schools a few years ago. The town schools have received a good amount of attention for their efforts at replacing sports drinks with smoothies, using more fresh food and having a garden at the high school.

U.S. Sen. John Kerry has called the Andover schools lunch program an example for the nation. Earlier this month, the local television show Chronicle highlighted the Andover food services program.

"Before when we talked about it, it was just us being proactive - that we should have more fresh food, that there should be more scratch cooking. Now it's mandated. It's not just a direction that Andover's going in, it's a direction the country's going in," said Gail Koutroubas, school nutrition director. "The letter (Tuesday) is to make it clear what the direction is, and what is allowed."

The letter that went home included a list of snacks that would be acceptable, from a 4-ounce 100-percent juice box, to a .8-ounce bag of baked potato chips to pre-packaged baby carrots and celery sticks.

Ruth Olney, assistant food service director, said that while some people complained when car seat belts were made mandatory and when smoking on school grounds was prohibited most people accept these regulations today.

"Nobody really liked that either. But these new standards I'm sure are going to be to the benefit of all," said Olney. "We have to look at what's for the greater good."

"Initially the students were, 'Aw, do I have to take a fruit or vegetable every day?' I said, 'Yeah!'" said Koutroubas. "We are going through so many fruits and vegetables now, I have to thing it's [working]. And it's not all going in the trash."

Koutroubas said Andover continues to look for ways to improve its program and encourage kids to eat healthy foods.

Today, Thursday, students at Doherty Middle School will have a taste test to see what are the most popular food offerings at that school, she said. At Andover High, healthy snacks such as smoothies, fruit, sandwiches and soup are offered for sale after school.

"It's a long day when some kids eat lunch at 10:30 a.m. and they practice a sport until 6 p.m. They get hungry," said Olney.

The cafeteria sells about \$250 of snacks after school each day.

The new state rules took effect in August and apply to all Massachusetts

communities. However, Casper said that while some communities might ban group snacks completely, Andover has tried to create guidelines that meet the state rules while continuing to allow celebrations.

Andover's policy was written by a 15-member group now known as the Wellness Committee that would welcome additional parents or a local businessperson to become involved, said Casper. Anyone interested can email rcasper@aps1.net, or call 978-623-8545.

The Andover policy was approved at the end of June. The committee took time this fall to make sure they had information together to provide answers for any questions parents might have, before sending the letter home to parents, Casper said.

"With Halloween coming up and all these different things, we want to make sure everyone's following those requirements. We don't want candy in the classroom," said Koutroubas. "They'll get plenty of candy when they go out trick-or-treating."

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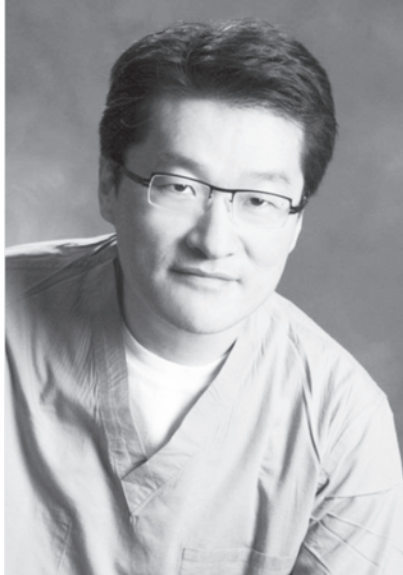
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Education

Speaker is an expert on helping kids to get organized

Sarah Ward, a speech and language pathologist, is returning to Andover to talk to parents about ways they can help their kids be better organized.

The event is part of the Parent to Parent series, and Ward will speak Tuesday, Oct. 23

from 7 to 9 p.m. in the Pike School auditorium

Ward has over 15 years of experience helping children of all ages learn self-regulation, time management, and how to deal with common organizational pitfalls, according to the organization. Her talk is

called "Getting it Done: Promoting the Development of Executive Function Skills in the Home and at School."

A release from Parent to Parent reads: "Often students with weak executive control skills struggle to keep their materials neat and organized,

and then quickly become overwhelmed by the process of cleaning and maintaining those systems of order. Learn functional strategies to help your child think in an organized way about systems. When systems are established, children can then learn

to manage their clothes, backpack, papers and personal belongings in addition to individual and shared spaces.

Concrete strategies will be presented to assist students in managing their time and materials successfully. A practical guide will be offered

in order to help students self-initiate tasks, and additionally teach them how to stop performing a task when it's time to move to the next item of higher priority. Talk appropriate for parents with children of all ages. Teachers always welcome."

Remembering Thomas Lyons

Phillips professor who influenced generations, dies at 78

THOMAS T. "Tom" Lyons, a lifelong Massachusetts resident and beloved history teacher at Phillips Andover Academy, passed away on Oct. 11, 2012 at his home in Newburyport, surrounded by members of his family. The cause was cancer. He was 78 years old.

Lyons was a renowned teacher and mentor to generations of students at Phillips Academy in Andover, including President George W. Bush. When he was running for president, Bush referred to Lyons as the most influential teacher of his life.

The Lyons family lived on Phillips Street in Andover for many years while Lyons was a professor there. He and his wife later moved to Newburyport, where his service on a Fulbright scholarship board and on the community's disabilities commission were important to him, said his wife, Eleanor Lyons.

"His real love was for teaching. He loved his subject, he loved his students and he was able to pass on a love of history to many of them," said Eleanor Lyons. "He never let his many physical ailments prevent him from continuing on in the same spirit. He had an indomitable spirit."

When Lyons retired from teaching in 1999, a New York Times ran a profile in which former colleague Vic Henningsen said, "Taking U.S. history with Lyons was a bit like going over Niagara Falls in a barrel. You had to struggle to stay afloat amid the torrents of information, but you survived, you never forgot the ride, and you always thought it was worth it."

"Year after year", the Times report continued, "the students who entered Room 13 in Samuel Phillips Hall for American history, or his wildly popular, hard-to-get-into senior seminar on constitutional law, encountered a big man with silver hair and a booming voice who still had the presence of the star athlete he was back at Reading High School, 15 miles and a world away from Phillips Academy. An hour into the morning, his shirt was invariably untucked and ink stained, and the desks around him were strewn with copies of the original historical document.



Former Andover resident Thomas "Tom" Lyons left his mark on generations of students at Phillips Academy and elsewhere.

Living and breathing American history, Mr. Lyons demanded intellectual rigor and a devotion not only to the facts but also to the human beings -- presidents and common people -- who make history."

After high school, Lyons attended Brown University, majoring in history and playing both football and baseball before contracting polio during his sophomore year, a disease that left him a paraplegic. After nearly a year of treatment at Boston's Children's Hospital, he transferred to Harvard University, where he lived with his father, the journalist Louis M. Lyons, graduating in 1957. Following graduation, Lyons earned an M.A.T., also from Harvard.

That year, 1958, was also the first of 54 years of marriage to his high school sweetheart, Eleanor Frances Coney, also of Reading.

Lyons' first teaching post was at Mount Hermon School (now Northfield Mount Hermon School) in Gill, Mass. There he learned his craft, teaching history, running a dormitory and

coaching football and baseball, according to his family.

After five years at the western Massachusetts school, he joined the faculty at Phillips Andover Academy in 1963, where he taught, coached, advised the newspaper, and, according to his family, developed as a scholar for the next 36 years.

During the course of his career, he taught at Dartmouth College during a sabbatical, pursued fellowships at both Stanford and Wesleyan Universities, and received research grants from Andover's Keenan Foundation and the Council for Basic Education.

As a teacher, his first love was American history, with a special interest in American Constitutional History. In addition to his work at Phillips Academy, he also enjoyed teaching stints at National Endowment for the Humanities summer institutes at both Phillips and Boalt Hall Law School at the University of California at Berkeley. He was a visiting fellow with the Liberty Fund on four different occasions.

Lyons also authoring or

co-authoring eight books, including co-authorship of After Hiroshima: America Since 1945. His teaching excellence was recognized through awards from Harvard and the New England History Teacher's Association. Andover awarded him the John Kemper Teaching Foundation and Independence Teaching Foundation Chairs. Finally, 49 years after his final athletic contest, Mr. Lyons was inducted into the Reading High School Athletic Hall of Fame in 2003.

Tom and Eleanor Lyons enjoyed retirement together in their adopted hometown of Newburyport, where he served on the City's Disabilities Commission and the Newburyport Lifelong Learning Lyceum. He remained active in education, serving as a board member of the J. William Fulbright Foreign Scholarship Board. In Newburyport he enjoyed the fellowship of a circle of retirees who relished Thursday "News and Views" gatherings, a forum to discuss public affairs.

He enjoyed watching his family grow, which eventually included 11 grandchildren, ranging in ages from 5 to 22, according to his family.

Mr. Lyons leaves behind his wife Eleanor F. Lyons; John L. Lyons and his wife Hannah of Groton, Kathleen M. Fanikos of Andover, David T. Lyons and wife Laurie Vance of Southborough, and Joseph C. Lyons and wife Julia Rivellino-Lyons of Deerfield; grandchildren Rachel and Madeline Lyons, both of Groton, William, Joseph, Louis and Marianne Lyons of Southborough, Kaitlin, Peter and Jack Fanikos of Andover, and Thomas and Luca Lyons of Deerfield; and siblings John Lyons, Margaret Ford, Sheila King, and the late Richard Lyons.

A memorial service to celebrate his life will be held at the Cochran Chapel on the campus of Phillips Andover Academy on Dec. 1, at 11 a.m., and all are invited to attend.

Memorial donations may be made to: Hospice of the North Shore & Greater Boston, 75 Sylvan Street, Ste. B-102, Danvers, MA 01923 or Trustees of Phillips Academy, Financial Aid Scholarship Fund, Phillips Academy, 180 Main St., Andover, MA 01810.

Talk examines gender stereotypes in children

Gender stereotypes in children will be the topic of a free, public lecture at Merrimack College next Monday.

The Psychology Department at the school is sponsoring Rosalind Barnett, gender researcher, who will speak on "The Truth about Girls and Boys: Challenging Toxic Stereotypes about Our Children."

Merrimack's 15th Annual Dennis McLaughlin Lecture is scheduled for Monday, Oct. 22 at 7 p.m. in Cascia Hall on the campus of Merrimack College, North Andover. Cascia Hall is wheelchair accessible.

Barnett, earned her doctorate from Harvard University and is currently a senior scientist at the Woman's Studies Research Center at Brandeis University.

"Her research is focused on workplace issues and family life in America and is supported by major federal grants," according to Merrimack. "Dr. Barnett's work is published in such notable outlets such as Self, Working Woman, The New York Times Magazine, and, The Daily Beast. She has received numerous awards including the Radcliffe College Graduate Society Distinguished Achievement Medal. In 2008, Barnett was awarded the Anne Roe award from the Harvard Graduate School of Education in recognition of her important research on women."



From left, seventh-grader Timothy Wang; Assistant Principal Becky Franks and teachers Lori Bellingreri, Emily Thompson and Leslie Ganley work on a project.

DI: PROBLEM-SOLVERS

Destination Imagination students this school year have taken the problem-solving competition to a whole new level - and to new competitors. Before the school year started 17 students, from West Elementary, West Middle, Wood Hill Middle, Doherty Middle and Andover High School, created a Destination Imagination-style challenge for West Middle School teachers. Principal Steve Murray divided his entire staff into 12 groups and they attempted the challenge of building towers using specific materials. Each group had 5 minutes to work on its tower under the watchful eyes of their "student appraisers. Then the students got to play "judge" talking individually with their groups of teachers, and then sharing some feedback publicly with the entire group. "This was such a win-win situation: students sharing a fun moment in a unique way and having the opportunity to provide positive and constructive feedback to their teachers, and teachers interacting with each other in a unique way," according to DI parent Stephanie Maze-Hsu. "By the time I got home, I had several emails from excited teachers raving about the experience and wanting to include more of this type of hands-on, student driven activity into their curriculum."

21 Andover High School students earn National Merit honors

Two are in running for scholarships

Two Andover High students are semifinalists for National Merit Scholarships and another 19 Andover High School seniors have been named Commended Students, meaning they scored in the top 5 percent nationally of more than 1.5 million students who entered the 2013 competition by taking the 2011 Preliminary SAT/National Merit Scholarship Qualifying Test.

Evan T. Doyle and Stan W. Huang are the two who have been named as semifinalists in the 2013 National Merit Scholarship Program. These academically talented high school seniors have an opportunity to continue in the competition for some 8,300 National Merit Scholarships worth more than \$32 million that will be offered next spring.

The nationwide pool of

semifinalists, which represents less than 1% of U.S. high school seniors, includes the highest-scoring entrants in each state. Semifinalists are expected to advance to the finalists level and it is from this group that all National Merit Scholarship winners will be chosen. Merit Scholar designees are selected on the basis of their skills, accomplishments, and potential for success in rigorous college studies, according to the National Merit Scholarship organization.

The 19 Andover High School seniors have been named Commended Students in the 2013 National Merit Scholarship Program are Daniel Caveney, Shivansh Chawla, Xinni Chen, Shawna Fox, Madeline Hertz, Evan Huang, Taehyun Lee, Max Li, Ronan Maye, Andrew Meshnick, Kylan Moynihan, Lauren Murtagh, Marina Renton, Peter Scapicchio, Geoffrey Segal, Rosanna Wang, Casey Zhang, Vishal Ahuja, and Sarita Ballakur.

They are among the 34,000 Commended Students throughout the nation being honored. Although they will not continue in the 2013 competition for National Merit Scholarships, "these students represent some of the most academically talented students in our country. It is our hope that this recognition will enhance their educational opportunities and encourage them in their pursuit of academic success," according to a release.

CATAclysmic CASTLE OF FEAR

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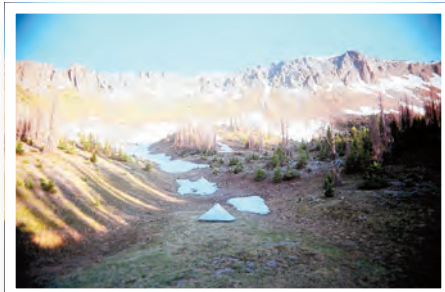
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May 9th at the El Paso Airport. The next day I started the walk.



A nice campsite (that's my white tent in the foreground) tucked into a basin in Southern Colorado.



The CDT at 11,000' above sea level. This is a high alpine view from the San Juan mountains of Southern Colorado.



About eight days into the hike. This was the first CDT marker I came across. Plenty of the CDT in New Mexico isn't marked, and you're walking on dirt roads or going cross country (no trail or road).

MICHELINIE: 2,700 miles; five states

Continued from Page 1

slowly, you can really notice mountains, rocks on the ground, small things...I liked noticing."

From the heat in New Mexico to the Colorado snow, with big bear paws on the Montana stretch of the trail and views of elk, wolves and mountain goats, it was absolutely a hike to remember. Michelinie got sick once (food poisoning), survived numerous blisters and never once had to use the bear spray that his mother insisted he bring.

He returned to "real life" Monday, Oct. 15. After his five-month hiatus, he was back working at his job at Shackleton Thomas Furniture Makers in Bridgewater, Vt. Michelinie, a graduate of the North Bennet Street School in Boston, is a furniture and cabinet maker.

It's been an untraditional post-Andover High path for Michelinie. More than 90 percent of Andover High graduates head to some kind of college. After his graduation, Michelinie, who played drums for the local band, Grimis, headed to New Zealand islands

to hike and think about his next move.

It's all worked out for the hiker, who is also the son of Don and his wife, Clare, Michelinie of Andover. He is the youngest of the three Michelinie brothers - Dan and his wife Erin of Hampstead, N.H., and James and his wife Kyra of Oregon.

He said he now has to restock his savings account before making any future hiking plans.

Go to picasaweb.google.com/Michelinie to see the photos from his hike.

"I take an autumn hike on the Peggy Keck Reservation, off Gould Road, to see through the foliage the Andover granite, the erratic travellers of the Wisconsin glacier and the smoothed mountaintops of prehistoric ranges."

Alix Driscoll, Andover Village Improvement Society member

Many places in Andover to find, enjoy fall foliage

Andover photographer Bob Dennis spends a lot of time downtown in search of good color in the trees along Main, School, Bartlet and Central streets. But he says there's one place to spot great fall foliage that many people never think of - cemeteries.

"The cemetery adjoining West Parish Church on Route 133 usually puts on a good show (and is again this year). Today I was reminded that the old cemetery behind South Church is not to be missed," said Dennis, referring to the South Parish Burial Grounds and the West Parish Garden Cemetery. "I'm a passionate lifelong photographer of fall foliage and I've often wondered why the most colorful foliage is often found in cemeteries."

With the arrival of mid-October, many people enjoy the sight of a tree changing to a vivid red, orange, rust or yellow color. Andover residents involved in open-space preservation usually say you can't go wrong taking a trip down any of Andover's many AVIS and other conservation trails. But when pushed,

they will offer a personal favorite spot to see foliage.

Bob Decelle, projects manager for the Conservation Department, picks the Goldsmith Woodlands, between South

Main Street (Route 28) and Fosters Pond.

"Goldsmith is good and so is any trail. You just have to get out and see," Decelle said.

"Because 'America' was written in this town, 180 years ago, the words of Samuel Francis Smith echo in my ears: 'I love thy rocks and rills, thy woods and templed hills,'" said Andover Village Improvement Society member Alix Driscoll in an email. "I take an autumn hike on the Peggy Keck Reservation, off Gould Road, to see through the foliage the Andover granite, the erratic travellers of the Wisconsin glacier and the smoothed mountaintops of prehistoric ranges."

Workers for the Department of Public Works suggest taking in the reflected views around Haggetts Pond Road or walking along the high trails at Recreation Park, off Abbot Street, which

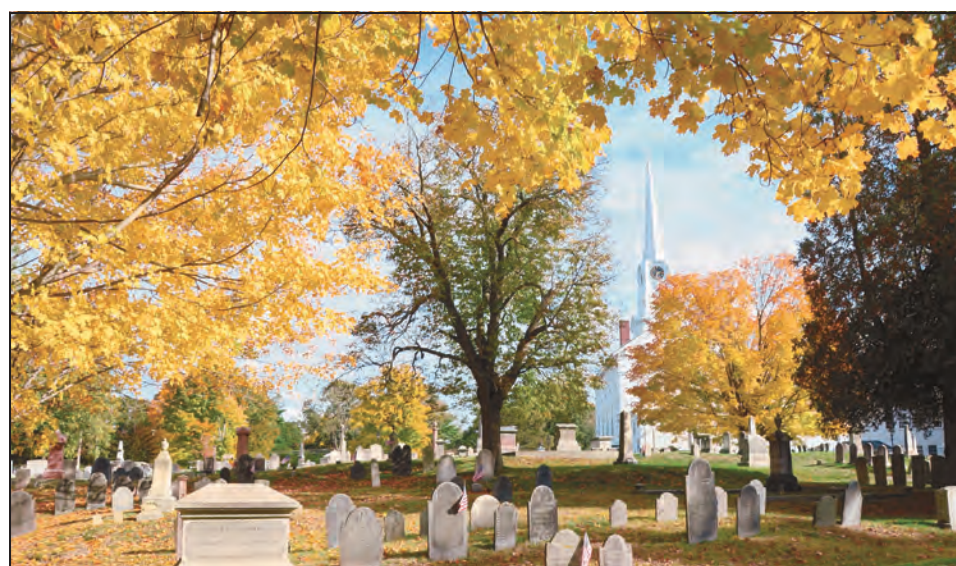
look down on Poms Pond and its surroundings.

AVIS member Fred Snell most appreciates the beauty found near the intersection with Reservation Road, Shawsheen Road and Route

133.

"I think one of the nicest places to see fall foliage is the AVIS West Parish Meadow Reservation. Here is a spot where the green of the field, the clear blue sky, and the color of the leaves play against each other in a wonderful manner. Several ponds may have birds landing and looking for a last minute meal and the still water reflects the sky and foliage," said Snell in an email.

He said an easy way to access the meadow is from the green in front of the West Parish Church at 129 Reservation Road. People can park, explore the Children's Garden to the south of the parking area, cross Reservation Road and look for the AVIS sign on the east side of the road just down the hill. Residents can even download a trail map from avisandover.org on the Reservations page.



Bob Dennis captured this image at the cemetery behind South Church on Central Street.

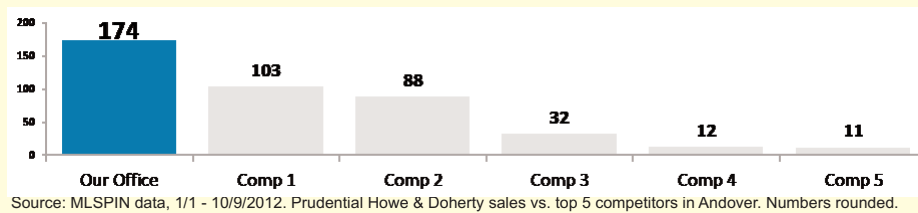
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Did you know that 35,000 new cases of oral cancer are expected to be diagnosed this year? Oral cancer and oropharyngeal cancer may develop in the cheeks, lips, gums, throat (at the rear of the mouth), tonsils, and palate. Primary risk factors for both types of oral cancer include tobacco use; excessive alcohol consumption; human papilloma virus (HPV, the sexually transmitted disease associated with cervical cancer); accumulated sunlight exposure; as well as being male and 55 years or older. There are also indications that gum disease and poor oral hygiene associated with insufficiently cleaned dentures may play roles. Fortunately, early detection and treatment of oral cancer can significantly improve prognoses, which is another good argument for regular dental checkups.

Regular visits to your dentist can improve the chances that any suspicious changes in your oral health will be caught early, at a time when cancer can be treated more easily. Make sure to tell your dentist about any problems you have when chewing, swallowing, speaking or moving your tongue or jaw. Call **DENTISTRY BY DESIGN** at 978-475-5333 to schedule an appointment or come by our office located at 19 Barnard St. Our team of dental specialists endeavors to improve the overall health of our patients by focusing on preventing, diagnosing and treating conditions associated with your teeth and gums.

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TOWN TALK

Will casino night be jackpot for tennis-court effort?

A group looking to improve the town's tennis courts is

betting on a casino night to put it over the top.

The Friends of Andover Tennis will host a casino night auction fundraiser on Saturday, Oct. 20, from 7 to 10

p.m., in downtown Andover at the Town House, also known as Old Town Hall, in support of the proposed Andover High tennis-court renovation project.

The casual-attire event will feature a silent auction, casino games for door prizes, fun attractions, a cash bar, light catered food, live music, and entertainment by comedian Tony V, according to the group.

Event details are available at friendsofandovertennis.org under "October Auction Fundraiser." People can register and make a \$50 or more ticket donation through the secure website link to the drop-down menu of charitable funds sponsored by ECCF, according to a release from the group. Amounts beyond \$25 are tax deductible for this event.

"The Friends of Andover Tennis are raising \$40,000, which we will gift to the town of Andover together with corporate and grant-based assistance. We will partner with the town in order to reach the \$300,000 it will cost to renovate the AHS tennis courts in 2013," said a release from the Friends.



An example of the tennis court conditions at Andover High School that a private group is trying to fix. The group has a casino night planned for this weekend to raise money for its cause.

Andover STORIES

Presented by the Andover Townsman and Andover Historical Society



About the book: *The Andover Townsman* is pleased to be working with the Andover Historical Society to bring our readers the beautiful coffee-table book, *Andover Stories*. This hard-bound heirloom-quality book will capture the very popular series of *Andover Stories* run in the *Townsman* along with additional images from the archives of the Andover Historical Society. Books are expected to ship in mid December and make the perfect holiday gift. Reserve your order now to save \$10.00 off the \$39.95 retail price.

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Assistant rector married in her church

Saturday, Oct. 6 was a special day at Christ Church, as the Rt. Rev. Bud Cederholm, bishop suffragan of the Diocese of Massachusetts, officiated at the marriage of the Andover church's Assistant Rector Kit Lonergan and Chris Kowaleski.

LWV ballot-question forum Oct. 27

The League of Women Voters of Andover/North Andover hosts a State Ballot Question Forum on Saturday, Oct. 27 at Andover Memorial Hall Library, 2 North Main St., from 2 to 4 p.m. The event will explore two state ballot questions, Prescribing

Medication to End Life and Medical Use of Marijuana, from three perspectives.

Andover High School students, and instructor Mary Robb, will present information about the ballot questions in a debate format. A separate panel of experts will then defend both sides of each ballot question. Finally, the audience will have the opportunity to join the discussion with comments and questions from the floor, according to the League.

The event is free and open to the public.

The League of Women Voters describes itself as "a nonpartisan, grassroots, volunteer organization that encourages informed and active participation in government, works to increase understanding of major public policy issues, and influences public policy through education and advocacy. The League is nonpartisan in that it does not support or oppose any political party or candidate; it is political in that it takes positions on selected governmental issues after members study them and reach agreement."

The LWV of Andover/North Andover welcomes new members. Interested? Visit lwv-andovers.org.

Artists demonstration

The Andovers Artists Guild is hosting a "landscape painting in textile" demonstration by Salem, Mass. artist Carol Dearborn, this Sunday, Oct. 21 at 2 p.m., at the East Mill St., from 2 to 4 p.m. The event will explore two state ballot questions, Prescribing

Medication to End Life and Medical Use of Marijuana, from three perspectives. Guest are welcome for a \$5 donation. The event is free to Andovers Artists Guild members. For more information visit andoversartistsguild.org.

Preparing for Veterans Day

On Sunday morning, Oct. 21, Andover veterans, cadets, Boy Scouts, Cub Scouts, Girl Scouts, Brownies and

interested citizens will meet at 11 a.m. at Spring Grove Cemetery on Abbot Street to replace 3,600 flags on the graves of deceased Andover veterans.

The process takes about 90 minutes and affords an opportunity to see parts of Andover's history up close, according to the Andover Veterans Services office. In case of inclement weather, the flags will be placed on graves at 11 a.m. on Sunday, Oct. 28.

For more information, call the Veterans Office at 978-623-8218.

Town Health Division fall flu clinics

Those who still aren't willing to let go of their summer shorts may want to avoid the next sentence. The town is getting ready for flu season.

Andover Health Division has scheduled fall flu clinics for residents to receive their annual flu shot.

The vaccination is free of charge, although providing insurance information will allow the health department to bill the insurance company for the costs incurred; this money is then used to purchase vaccine for the following flu season.

A clinic for residents 18 years of age and older will be held on Thursday, Nov. 8 from 4 to 7 p.m. at West Middle School. A clinic for residents 2 and older will be held on Monday, Nov. 19 from 4 to 7 p.m. at the Andover Senior Center.

Andover Public School students in grades three through high school will have the opportunity to be immunized in school. The permission slips and schedule are available on both the school and town web sites.

Both the traditional intramuscular shot and the nasal spray (FluMist) will be available at the clinics. The FluMist is indicated for medically eligible persons between the ages of 2 and 49.

Flu clinic updates will be posted to the division's flu hotline at 978-623-8347.

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Journeys in Home Health



At age 77, Daniel, an army veteran and retired teacher, was happy to be home. After four days in the hospital, he just wanted to feel well enough to spend time with his grandchildren, work in his garden and tinker with his pride and joy...a 1965 Ford Galaxie. Daniel loved antique cars and this one was a beauty.

It was while working on his car one evening last week when Daniel began to feel sick.

"I thought I was managing my diabetes and high blood pressure pretty well until I began to have terrible stomach pain and was so weak and light headed I could barely stand. That's when my wife insisted I go to the local emergency room."

Blood tests confirmed that Daniel's blood sugar levels were very high. He also was diagnosed with a condition called neuropathy, nerve damage in his feet which he now understands was the cause of the numbness and pain that had been worsening over the past several months. Daniel was admitted to the hospital on an insulin regimen to get his blood sugar under control. He also received medication to relieve the symptoms of his neuropathy.

Now that Daniel's blood sugar levels were under control and the pain and numbness in his feet were diminished, it was time for the transition home. Because Daniel was unsure of his new medication regimen, the hospital case manager suggested that he receive home health care services. Receiving care at home would enable Daniel to learn how to manage and administer his new medications, understand his diet and nutritional needs and prepare for the long-term impact of his disease. Daniel chose to receive services from Home Health VNA.

Next week: Home Health VNA comes to Daniel's home for the first time.

For more information on diabetes please visit our blog at www.homehealthvna.org



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OCTOBER IS Breast Cancer Awareness MONTH

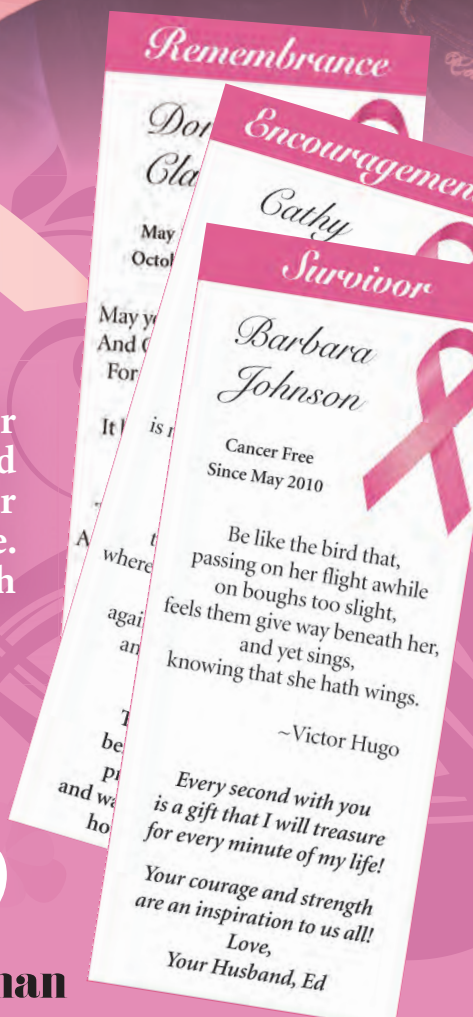
The Andover Townsman would like to remember & honor those loved ones who have struggled with breast cancer. Throughout this month, our celebrations page will be dedicated to this cause. Please join us, and honor *your* loved one with this special tribute.

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Arts & Entertainment

EVENTS CALENDAR

THURSDAY, OCT. 18

CHEFS WITH CLASS, four local chefs, Jay Duffley of Joe Fish & The Loft, Billy Morin of Tuscan Kitchen, Elvis Jimenez-Chaves and Bethany Sullivan of Simply Elegant Catering, cook at this benefit for CLASS, helping those with disabilities for over 36 years in the Merrimack Valley and North Shore, 6 p.m., Merrimack Valley Golf Club, Methuen. Guests will learn how to prepare, will join wine connoisseur Steve Smith of Dover Wine Company, to share their expertise with guests of CLASS. Guests will learn how to prepare the Chefs signature dishes and share in a food and wine tasting while enjoying a buffet dinner, and bid on special auction items with MC Al Getler of the Eagle Tribune Publishing.; Nancy Kieran, Director of Development, 978-975-8587 Ext. 1227, nkieran@classinc.org.

ART SHOW OPENS, 6 to 8 p.m., Flint Memorial Library, 147 Park St., North Reading. Paintings and Mixed Media by Dot Carpenito and Maureen DeSisto from Methuen, Shirley J. D'Agati from Andover, Laureen Luszc from Wakefield and Nancy Varnum from North Andover. Floral arrangements from N. Reading Garden Club also on display. Refreshments and free door prizes, through October; 978-664-4942.

FRIDAY, OCT. 19

CASTLE OF FEAR, open Friday, Saturday, Sunday nights through Oct. 28, \$18, \$10/ kids age 12 & under. Special: \$40 for 2 adults & 2 kids under 12. Not recommended for children under 8. Event features a haunted Maze of Mystery and the expanded Haunted Castle; winnekinnicastle.com.

SATURDAY, OCT. 20

CASINO NIGHT BENEFIT, the Friends of Andover Tennis host, 7 to 10 p.m., Town House, 20 Main St., Andover, in support of the AHS tennis court renovation project. The occasion will feature a silent auction, several "casino" themed games with door prizes, a cash bar, light catered food, and informal musical entertainment.

LIVE MUSIC, Jez Lowe, at the New Moon Coffeehouse, 8 p.m., Unitarian Universalist Church, 16 Ashland St. Haverhill, \$20, \$10 for those ages 18 and under; 978-459-5134. Social activist and member of the English band, The Bad Pennies, Jez Lowe sings both traditional working class songs and originals. He pens pointed, poignant, and powerful songs about life in his native North East England and delivers his music with guitar, cittern, mandolin and harmonica.

SUNDAY, OCT. 21

ART DEMONSTRATION, The Andovers Artists Guild is hosting a "Landscape painting in textile" demonstration by Salem, MA artist Carol Dearborn, 2 p.m., the East Mill Art Space, 21 High St. North Andover, (Davis and Furber Complex). Guests are welcome for a \$5 donation, free to Guild members; andoversartistsguild.org.

KIDS HALLOWEEN PARTY, noon to 3 p.m., \$8/child, \$5/adult. Kids Come in Costume. Games. Prizes. Activities by Little Sprouts Haverhill-NECC, Winnekinni Castle, 347 Kenzoa Ave., Haverhill; winnekinnicastle.com.

WEDNESDAY, OCT. 24

FREE MUSICAL THEATRE AUDITION WORKSHOPS, Stoneham Theatre, for students in grades 1-12, Main Street, Stoneham; also being held Thursday, Oct. 25.

THURSDAY, OCT. 25

MEETING, Homebuyer Assistance talk, 7 to 8 p.m., to discuss Andover's newly expanded Homebuyer Down Payment Assistance Program. The program, created by the Andover Housing Trust Fund, helps would-be homebuyers to purchase their first home in town. The meeting is at Memorial Hall, on the second floor of the Andover Memorial Hall Library. All are invited to attend. More details on the program may be found at coastalhbedu.org or coastalhomebuyereducationblogspot.com.

FRIDAY, OCT. 26

OPENING RECEPTION, for painter Laura Fischman, 5 to 7 p.m., with an artist talk by Fischman at 5 p.m., The Elizabeth A. Beland Gallery at Essex Art Center, her show runs through Nov. 30.

LIVE THEATER, Willy Wonka at the chocolate factory, performed by ACT Andover, Collins Center for the Performing Arts, 80 Shawsheen Road, Andover, (adjacent to Andover High School); actandover.com, 978-276-9568; Friday, Oct. 26 at 7:30 p.m.; Saturday, Oct. 27 at 2, 7:30 p.m.; Sunday, Oct. 28 at 6 p.m.

SATURDAY, OCT. 27

OPEN HOUSE, the Peabody Museum on the Phillips Academy campus, 1 to 4 p.m. October is Massachusetts and National Archaeology Month, with events going on across the state. Opportunity to stop by and tour galleries, chat with museum staff and learn more about the museum; Ryan Wheeler, director, rwheeler@andover.edu.

NIGHTTIME 5K HAUNTED OBSTACLE RUN, 6 to 8 p.m., called "Panic In The Park." Runners will gather at Hookside Kelly's, 19 Merrimack St., Lowell. Buses will transport runners to nearby Fort Hill to start the race, and it will end at Shedd Park; buses will return runners to Hookside Kelly's for post-race Halloween Party, \$25-\$60; PANICINPARK.com. Discounts are available for Early Registration, Fred Smith, Fred@SmithFestEvents.com, 978-337-8634.

Big-band music for masquerade ball

Oct. 28 event to be held at Old Town Hall

Andover adults can get in the seasonal spirit by dancing the night away at a masquerade ball on the Sunday before Halloween.

The newly formed Andover Senior Community Friends will sponsor the ball as the latest installment in the popular Crystal Ballroom dance series.

The masquerade will be at the Town House, also known as Andover's Old Town Hall, 20 Main St., on Sunday, Oct. 28, from 6 to 10 p.m.

The Crystal Ballroom series is meant to evoke the feeling of a former Andover dance attraction that brought the likes of Duke Ellington to perform for residents decades ago.

This particular event will be

IF YOU GO

What: Andover Senior Community Friends masquerade ball

When: Sunday, October 28 from 6 to 10 p.m.

Where: Andover's Old Town Hall

Tickets: \$10 for singles, \$18 for couples. Advance tickets available at the Andover Senior Center (978-623-8321) or the Andover Bookstore (978-475-0143). Limited tickets will be available at the door.

and dancing will be provided by D.B.'s Orchestra, with dance instruction by Dance New England during the first hour.

Décor for the event will be created by Brenda Afshin. Complimentary hors d'oeuvres will be served and wine, beer and soft drinks will be for sale.

Free parking is available behind the building.

Advance tickets are \$10 for singles and \$18 for couples and are available from ASCF at the Andover Senior Center (978-623-8321) or the Andover Bookstore (978-475-0143). Limited tickets will be available at the door for \$12 and \$20.



COURTESY PHOTO
A pair of incognito dancers enjoy a trip around the floor during last year's event.

AMERICAN BANDSTAND



MARY SCHWALM/Staff photos

The United States Marine Band performs a free concert for the community at the Collins Center for the Performing Arts.

Andover residents hear free concert by president's Marine Band



Gavin Whelan, 3, sits with his mother Emily, as his brother Sean, 6, and father Colin enjoy the performance.

Andover residents crowded into the Collins Center on Sunday afternoon and filled it with a bit of patriotic pride.

The town Veterans' Service Office hosted a free concert featuring "the president's own" United States Marine Band at the Collins Center for the Performing Arts at Andover High School.

The band is the oldest performing musical organization in the United States, and performs at the White House more than 300 times each year.

The U.S. Marine Band has significant ties to Massachusetts as it was the first president from Massachusetts who founded the group.

On July 11, 1798, President John Adams approved legislation that officially brought the United States Marine Band into being. In

its infancy, the band consisted of a drum major, fife major and 32 drums and fifes.

"When the nation's capital relocated from Philadelphia to the new Federal city of Washington in 1800, the Marine Band came with the chief executive and made its White House debut at President and Mrs. John Adams' first New Year's Day reception in 1801," according to the White House Historical Association. "Present at many of the most memorable and cherished moments in our nation's history, the band played for the dedication of the National Cemetery at Gettysburg when President Abraham Lincoln gave his immortal address. It has provided music for every inauguration since the time of Thomas Jefferson, the president who gave them the title, 'The President's Own.'"

Colonel Michael J. Colburn directs the President's Own United States Marine Band, which plays at a variety of White House events.



Cooper DiPirro, 15 months, watches the band.

Movie depicts Iranian family life and culture

Should a parent leave their children's future or stay behind to care for a sick parent? This is one of the issues raised in the next Boomer-Venture Screening Room and moving Oscar-winning foreign film "A Separation."

The movie will be shown tonight, Thursday, Oct. 18 at 6:30 p.m. at the Andover Senior Center, 30 Whittier Court.

"This film offers

Americans a glimpse of middle-class life in Iran, away from the propaganda of the government-controlled press," according to a release from movie-series organizer Lois Karfunkel. "The acclaimed Iranian director, Asghar Farhadi, presents the story of a middle-class couple and their family conflicts. We gain insight into Iranian culture as well as universal moral and ethical concerns."

The movie begins when Simin wants to leave Iran

with her husband Nader and 11-year-old daughter Ter-meh. Nader refuses to leave behind his Alzheimer-suffering father. Believing their life will be better abroad, Simin sues for divorce, but loses the court case.

She then moves in with her parents, while her daughter stays behind with Nader hoping to get her parents to reconcile.

Thus begins a series of spiraling complicated but fascinating twists and turns.

In observing the multiple characters' reactions to a tragic accident, the movie "examines issues of gender, religion, justice and class in a country in which Islamic law coincides uneasily with modernity," according to a review at Amazon.com.

The following week, on Thursday Oct. 25, the Boomer-Venture Screening Room will present the comedy, "We Have a Pope." The movie will start at 7 p.m. with a brief introductory

chat beforehand. In this movie, an unassuming Cardinal is elected as the next Pope. The problem is he is unwilling to take the job. The Vatican reacts by asking a psychiatrist to help get him to take the position. Organizers say the movie has been described as "both wonderfully humorous and deeply touching."

All residents are invited to attend and there is no charge. A selection of snacks is available.



COURTESY PHOTO BY WINSLOW TOWNSON
 Claude Julien seemed to enjoy interacting with young Andover hockey players during a surprise visit to their practice Oct. 11.



COURTESY PHOTO BY WINSLOW HOMER
 Bruins assistant coach Geoff Ward runs the Andover U12 girls through drills.



COURTESY PHOTO BY WINSLOW TOWNSON
 Stanley Cup-winning Bruins Coach Claude Julien talks hockey one-on-one with Andover player Cora Barrett.

Bruins leaders' visit surprises girls

BY JUDY WAKEFIELD
 Staff Writer

Last Thursday, Oct. 11, was supposed to be the opening game of the NHL season for the Boston Bruins. The team was scheduled for a game against the Philadelphia Flyers.

But, the NHL lockout has put the season on ice. There are no NHL pucks being

dropped. What's an NHL

coach to do? Bruins head coach Claude Julien and assistant coach Geoff Ward came to Andover's Harrison Rink, delighting two U12 girls hockey teams that were practicing. Ward even skated as he and Julien offered tips to the girls.

Coach Martha Fenton said about 30 girls were skating when Julien suddenly appeared. Fenton and other

coaches knew he was coming, but the team members did not.

"It was just incredible," Fenton said. "The girls were so excited and Geoff Ward stayed for the whole practice and skated with them. It was great."

A bad hip prevented Julien from lacing up, but the girls were just thrilled to listen to his words of hockey encouragement.

"They gave him a standing ovation when he left," Fenton said.

How did Andover get so lucky?

"It was a celebration of girls hockey worldwide that weekend and the Bruins pledged to surprise a girls hockey team. Andover was randomly selected," said Peter Chiro of Bruins marketing. "Just totally random."



CARL RUSSO/Staff photos

Former Andover High coaches and teachers Dick Collins (left) and Wil Hixon were honored before the start of the Andover - Lawrence football game last Friday night. Andover's head football coach, E.J. Perry, presented them with T-shirts to mark the occasion. The Andover Golden Warriors defeated the Lawrence Lancers 42-14.



Andover football seniors, from left, Adam Ladd, Andreas Christopulos and Will Heikinen, meet Wil Hixon (left) and Dick Collins before referee Bob Oreal (center) conducts the coin toss to start the game.

Talent at midfield

Andover coaching giants honored at halftime

Men responsible for hundreds of great Andover sports memories met the players creating some fine memories today. Andover coaching greats Dick Collins and Wil Hixon were honored at halftime of the Golden Warriors' football game against Lawrence High on Friday, Oct. 12, exchanging handshakes with the 2012 team captains.

Both men coached current Warriors football head coach E.J. Perry.

Collins, a current School Committee member who coached football and track

at Andover High for 37 years, has been involved with the school as a teacher, coach and committee member for 54 years. He won two Super Bowls as coach of the Golden Warriors in the 1970s, and made it to another, was named National Track and Field Coach of the Year and is a member of both the Massachusetts Football Hall of Fame and Basketball Hall of Fame.

Hixon coached football and baseball at Andover, but is best remembered for his career as coach of

the Golden Warrior basketball team. In 24 years at Andover (1959-60 to 1982-83) Hixon was 377-122, won the 1970 Eastern Mass. Class C championship and six straight Greater Lawrence Christmas Tournament titles. He also won a state title in New Hampshire.

He was 469-146 in 30 years as a coach at Raymond (N.H.) High, Plymouth (N.H.) High and Andover High.

Hixon and his son, David, were inducted into the New England Basketball Hall of Fame in 2003.



Andover football senior captain C.J. Scarpa watches former coach Collins toss the coin along with referee Bob Oreal to start the game.

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~Thomas Carlyle

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Business

Greater Boston Running Co. looks to open soon

By JONATHAN PHELPS
Staff Writer

Shoe customers can continue to beat a path to 45 Main St. The Greater Boston Running Company is moving in, following in the footsteps of two other shoe companies.

The sports footwear and apparel store is expected to open around Thanksgiving in the former J.L. Coombs storefront in November, according to Steve Meinelt, store development manager. The site previously had been Daher's Shoe Store before J.L. Coombs, a Maine-based company, bought it. The new shop is a part of a larger company that owns 25 stores, Meinelt said. There are three locations in the greater Boston area — Lexington, Newburyport and Hingham.

"We have been looking at Andover for a while and the right space became available at the right time," said Meinelt, who expected construction to start as soon as this week. Meinelt said his company was looking for a vibrant downtown area with an active community. It also

took into consideration local high school athletic programs in moving to town.

A grand opening will start Nov. 28 and last until Dec. 2, and will include activities, promotions and sales.

The store will include footwear, apparel and other running accessories. Employees will be able to offer customers a gait analysis, which helps pinpoint which running shoes would be best for them, Meinelt said.

"We are looking forward to serving the Andover running community and helping to fulfill their fitness goals and needs," Meinelt said.

J.L. Coombs, a footwear store, closed in January after being in town since 2007. The lease at the store was up and the company decided not to renew it because of a decrease in customers and sales.

Andover also lost Stride Rite, a children's shoe store, a few storefronts away from J.L. Coombs, in January. That storefront is now occupied by Sense of Wonder, a gift shop that sells jewelry, artwork, furnishings, and accessories.



Vienne Foley, Sophia Lynch, Adam Weber (obscured), Maggie Sakellarios, Patricia MacNeil (leaving frame), Jameson Lynch help sort food for Neighbors in Need.

COURTESY PHOTO

Yoga studio takes charitable position

Volunteers from UnionStudio Yoga took advantage of the Columbus Day holiday to sort 286 pounds of food they collected for Neighbors in Need, a food pantry that serves the greater Lawrence area.

"It looked like a lot of food when it filled a mini-van, but we learned that the pantry distributes almost five times that amount every day

through eleven food pantry sites," said studio co-founder Trish Macneil. "We were so moved by how great the need is in our area, we intend to collect regularly for Neighbors in Need."

Neighbors in Need has served the Lawrence and Methuen areas for 30 years. The non-profit's collection warehouse is located at 18

Dundee Park near the intersection of Essex and Railroad streets. Last year, the organization distributed half a million meals free of charge, according to Neighbors in Need director Linda Zimmerman, an Andover resident.

Currently, the organization is gearing for Thanksgiving when it will distribute meals to 1,100 families. Warehouse

coordinator Rocco Peluso said that as the weather grows colder, they especially look for soups, pasta and sauces for the families they serve. Anyone interested in donating food or volunteering with Neighbors in Need may contact Linda Zimmerman at their office at 978-685-8321 or neighborsinneed@verizon.net.

BUSINESS IN BRIEF

"Business in Brief" is a collection of Andover business news items, such as promotions and upcoming events open to the business community. Andover companies or residents with information to share can send it by email to townsmen@andovertownsmen.com. Please put "Business in Brief item" in the subject field.

Home sales on rise, prices decrease, says NEAR

The Northeast Association of REALTORS has reported that the number of single family homes sold during the month of August in the 15 cities and towns from Boxford to Littleton, including Andover, increased again compared to the same time last year for the eighth straight month. In fact, single family home sales were up by a significant 24.6

percent versus August of 2011. Meanwhile, condominium sales were flat compared to the previous year, with 122 condos sold in both August 2012 and 2011.

The report also indicated that the median price for single family homes sold in these local communities in August was \$329,000, a 3.2 percent drop versus last August, and a 0.3 percent decline over July's median price of \$330,000. Additionally, condominiums sold in August posted a median sales price of \$163,500 which represents an 11.6 percent decrease compared with last August and a 17.0 percent decrease versus July's median price of \$197,000.

The median price is the point at which half the properties sold cost more, and half cost less. The report is based on data from MLS Property Information Network.

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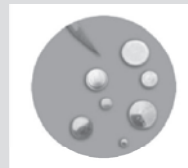
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Sports

Warriors roll over winless Lawrence

By HECTOR LONGO
Staff Writer

ANDOVER — After spending the first five games of the season posting offensive statistics that ranked at the top of the state, another day of huge stats would not be necessary on Friday for the Andover football team. The Golden Warriors

blasted to a dazzling 28-point second quarter, and most of the starters were done by halftime as they rolled over winless Lawrence 42-14.

For Andover, it's the first 6-0 football start since 2004.

"It feels good to come together here as a football team," said Andover coach E.J. Perry. "After a couple of very tough games, we

came in and did exactly what we had to do. A lot of guys, filling in for the other guys, and they picked it up."

QB C.J. Scarpa, who entered the game with 1,004 yards on 61-of-99 passing, needed to throw just five passes, completing four for 112 yards and a pair of touchdowns, one each to Will Heikkinen and Andrew

Deloury.

Lead back Jack Sylvester carried 8 times for 56 yards and a score, and Jesse Greaves came off the bench nicely to provide 80 yards on 11 tries. Adam Enxing also ran in a touchdown.

The special teams then did much of the damage for the Golden Warriors.

Junior Cole Organisciak blocked a pair of punts,

one that he picked up for and ran in for a 14-yard touchdown.

"There was no way I wasn't going to get that ball," said Organisciak.

"When I got it, I knew exactly where I had to go." Cam Farnham added the second special teams score, chasing down a low squib kickoff at his own 10 and

See LONGO, Page 15

Manning, field hockey keep rolling

FIELD HOCKEY

Jaclyn Torres and Morgan Manning each tallied a goal as Andover beat Tewksbury 2-0 on Monday. Meagan Keefe and Weezie Gross each had an assist for the winners.

Morgan Manning and Meagan Keefe continued to shine with a goal each as Andover downed Methuen 2-0 last Wednesday. Jaclyn Torres and Weezie Gross each added an assist for the winners.

SWIMMING

Denny shines
Geena Denny recorded her second straight stellar meet, winning the 500 freestyle in 6:03.45 and swimming on the winning 200 medley relay as Andover bested North Andover 98-50 last Wednesday. Kristin Pettini won the 100 backstroke and Emily Edwards swam on the winning 200 medley relay and 200 freestyle relay for the winners.

VOLLEYBALL

Cronin, Warriors top rivals

Molly Cronin recorded team-highs in kills (12) and blocks (4) as Andover remained undefeated, edging neighboring rival North Andover 25-16, 27-29, 25-15, 16-25, 15-10 on Friday. Lauren Gibson added eight kills and eight digs and Marcela Bolanos had 11 service points and six kills for the winners.

Sarah Weimer notched 14 digs and four aces as Andover beat Bishop Fenwick 25-21, 25-15, 25-16 on Monday. Lauren Murtagh had 18 assists and Molly Cronin had seven kills and five blocks for the winners.

Lauren Gibson tallied 11 kills and 14 digs as Andover handed Reading its third loss of the season, 25-27, 25-9, 25-12, 25-23 last Tuesday. Liz Wait added nine kills and nine blocks, Molly Cronin also had nine blocks and Lauren Murtagh chipped in with 24 assists for the winners.

Marcela Bolanos led the way with 10 service points and five aces as Andover trounced Tewksbury 25-9, 25-6, 25-11 last Wednesday. Sarah Weimer chipped in with 10 digs and Rachel Schnakenberg had four blocks for the winners.

BOYS CROSS COUNTRY

Galat takes third
Max Galat placed third overall in 17:08 over 3.1 miles as Andover beat Haverhill (22-37) but lost to Methuen (21-35) last Wednesday. Peter McGinn was next best for the Warriors in sixth in 17:39.

See AROUND, Page 15

THE UNSUNG HERO



ANGIE BEAULIEU/Staff photo.

After a back injury ended her playing career Sarah Gustus, right, became team manager and has been a key to the unbeaten volleyball team's success this season.

Once a player, Gustus now leads as team manager

By DAVID WILLIS
Staff Writer

It took Sarah Gustus one practice to realize her volleyball career was over.

"The whole summer I told myself to wait and see how tryouts go," she said. "But on the first day of tryouts it was just immediate chronic back pain. It was bad. I knew it would be best for myself and the team if I stepped away."

A key player for the Andover volleyball team as a sophomore and most of her junior season, the 5-foot-10 Gustus suffered a protruding disk in her back diving for a ball last year, and despite intense rehab was unable to return for the Golden Warriors this season.

But while she can no longer contribute on the court, Gustus has

become an indispensable piece as the manager for Warriors, who stand at a perfect 14-0

"It's heartbreaking to see someone so dedicated to the sport face an injury so tough," said teammate Liz Wait. "But it is great to see her still with us. She is always there to keep stats, pump up the team and [she] has the most positive attitude. She always keeps us on our toes."

An athlete since her early youth, Gustus had long dealt with physical issues.

"I started going to physical therapy in the sixth grade for instability in my shoulders and knees," she said. "Mostly from playing softball and basketball."

Despite those troubles, Gustus became an important member of the powerhouse Andover volleyball team, seeing major playing time as a substitute for the likes of All-MVC

players Annie Ye and Lauren Murtagh.

But, during a practice midway through her junior campaign, her athletic career came to a grinding halt.

"I dove for a ball and it felt like my spine just (broke)," she said. "I couldn't move at all. I was just laying on the gym floor and the trainer had to come and pull me up. I would not be able to turn on my side in bed. It was brutal for a while."

She was left on the sidelines for the final eight games of the season, as the Golden Warriors finished 20-3 and advanced to the Division 1 North final, losing to archrival Central Catholic.

"It was very tough," she said. "I slowly saw my spot being filled. It was tough just to watch my team and I couldn't do anything to help. It was hard."

While she did not undergo surgery, Gustus underwent both chiropractic and physical therapy in hopes of returning for her senior campaign. She was finally cleared by doctors to return to athletic activities in May, seven months after the injury.

But after attempting to participate in the first day of tryouts this season, Gustus knew her body would not allow her to play.

"There may have been some days when I could have toughed it out, and I thought of trying," she said.

"But I knew most days I wouldn't be able to play."

Still wanting to be a member of the team, she soon realized a way to help her teammates.

"We have always had a manager and at the time we didn't have one," she said. "We have always

See GUSTUS, Page 15

SPORTS FROM THE COMMUNITY

TRIATHLETES QUALIFY FOR DISTANCE NATIONAL CHAMPIONSHIPS

Andover residents Sharon Johnson, Tom Kinneman and Ann Domigan recently qualified for the triathlon Olympic Distance National Championships after competing in the Half Ironman Pumpkinman Triathlon in South Berwick, Maine on Sept. 9.

Julie Rogers also placed third in her age group for Pumpkinman's Sprint

Triathlon distance.

The four Andover residents have been training together at a North Andover training center owned by Johnson for the past year. All credit the group dynamic for helping keep them motivated and on track for their success this year, according to a release from the company.

Kinneman (60) and Johnson (55) both placed first in their respective age groups and Domigan placed second

in her age group. Johnson also had the fastest bike split time of all females across all age groups. Johnson is the owner of Breakaway Computing, a cycling and performance training center in North Andover.

Kinneman, who still works full time, said in a release, "it's difficult to work full time and train for such intense events. Training together, particularly during the winter months at Breakaway,

definitely helped me to stay on track even on days when I wasn't especially motivated. The Pumpkinman was a great race and it was very satisfying to see so many of my training partners place."

Both Johnson and Kinneman qualified for the World Age Group Championship just a few weeks earlier at the National Championships held in Burlington, Vt.

In her company release, Johnson credited the ability

to train at any time with the computraining technology for helping her win the bike split portion of the triathlon beating women half her age. Johnson is a USAT Triathlon coach and top ranked All American Triathlete who competes and volunteers in local races in support of local and national charities. She works closely with Trifury, an area triathlon club and coaches for the Merrimack Valley Striders running club.

FLANAGAN HELPS ST. MICHAEL'S GOLF

The Saint Michael's College men's golf team finished play at the Northeast-10 Conference Championship earlier this month, finishing 10th in the 11-school meet.

Senior George Flanagan, an Andover High graduate finished with a 168 to be part of the top five for the Purple Knights, according to a

See COMMUNITY, Page 15

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ANDOVER: Rout the Lancers 42 - 14

Continued from Page 14

ripping it up the far sideline 90 yards for the score, continuing his amazing season returning kicks.

"It was nice to see a lot of different weapons get used," said Perry. "We showed tonight that we have some different ways to hurt you."

Andover 42, Lawrence 14

Lawrence (0-6): 0 6 8 0—14
Andover (6-0): 7 28 0 7—42

First Quarter
A — Jack Sylvester 11 run (Brian Duffy kick) 1:30

Second Quarter
A — Cole Organisciak 14 punt block return (Duffy kick) 10:48
A — Will Heikkinen 33 pass from C.J. Scarpa (Duffy kick) 8:09
L — Franger Baez 45 pass from Nelson Valerio (kick failed) 5:51
A — Cam Farnham 90 kick return (kick failed) 5:35
A — Andrew Deloury 65 pass from Scarpa (Charlie Watson kick) 3:17

Third Quarter
L — Edison Urena 28 pass from Nelson Valerio (Valerio to Elvis Pena pass) :57

Fourth Quarter
A — Adam Enxing 7 run (Watson kick) 8:30

INDIVIDUAL LEADERS
RUSHING: L — Jeremiah Damiron 6-19, Valerio 7-17, John Roy 1-3, Justin Flores 3-3, Chris Pena 4-4, Edison Urena 3-13, Deon Gandi 1-6; A — Jack Sylvester 8-56, Scarpa 1-7, Jesse Greaves 11-80, Connor McCullough 5-26, Enxing 4-24, Brandon Marti 2-32
PASSING: L — Valerio 10-24-1, 132 yards; Jere Rivera 0-1-1, 0 yards; A — Scarpa 4-5-0, 112; Enxing 1-2-0, 9 yards; McCullough 0-1-0, Deloury 0-0-0
RECEIVING: A — Deloury 3-79, Heikkinen 1-33; L — George Urena 3-21, Edison Urena 1-28, Chris Pena 1-20, Jeremiah Damiron 2-17, Baez 2-57

Advice to avoid common pitfalls for kids, adults

HEALTHY CHOICES

The Townsman has started an exercise and nutrition column, drawing on the experience and knowledge of Andover's fitness experts. If you are an Andover exercise professional interested in offering your answers to future questions, send an email to nfater@andovertownsmen.com with "fitness column" in the subject line.

This week, two Andover experts offering their advice are:

Cara Green, member advancement director at the Andover/ North Andover YMCA, 165 Haverhill St. Art McDermott, owner and operator of Matrix Strength & Fitness

Here are this week's questions and answers:

GETTING KIDS INVOLVED

How could you help an overweight kid who doesn't like sports, but does love video games and junk food? (Some parents work and can't drive kids to after school activities and monitor every meal.)

Cara Green: There are great gaming systems out there like Wii and Xbox Connect. They get kids moving with games like Just Dance and a variety of sports. Studies are being done to show that these games are helping kids to stay active and burn calories.

I would never tell a child that they cannot eat junk

food. I would find out what their favorite junk foods are and discuss how they can be a treat or a "less food" and then make a plan to work them into their daily calorie intake.

Art McDermott: This is a difficult one. The initial problem deals with the maturity level of the kids involved. Telling a 10-year-old to think about health implications down the road calls for more insight

than most are capable of at that age.

While a lack of physical activity is a huge part of the problem, scientifically speaking nutrition accounts for roughly 65-70 percent of weight management. A parent will get the best "bang for the buck" by focusing here.

The reality is that the child is NOT the one going to Market Basket to do the food shopping. That falls to mom or dad. If poor food choices are a problem, than it is up to the parents to make sure the candy, soda and chips are not available in the first place. As a parent myself I realize this is easier said than done.

I recommend a "family meeting" where the children and parents can come to agreement about what foods can be available after school. Include the kids in the process of selecting alternatives. As a compromise, parents could allow one "cheat meal" per week where the rules are

relaxed a bit.

COUNTING CALORIES

How can I figure out how many calories I am supposed to eat? What did YOU eat yesterday?

Cara Green: There are great calorie-counting apps and websites out there to assist anyone in counting calories. Based on height, weight and activity level, it will calculate how many calories you need to maintain or lose weight. I track my calories and exercise on My Fitness Pal. I eat around 1200 net calories per day. Yesterday I ate 1840 calories but I burned 638.

GETTING OVER THE HUMP

What do you see as the most common obstacles people face when trying to lose weight? What is your solution?

Cara Green: I think a lot of people look at achieving a healthy weight as a burden and deprivation. Living healthy is a lifestyle and it needs to be something you can maintain on a regular basis. Crash diets and physical activity that is unreasonable or something you truly hate to do, will not keep you motivated.

I recommend finding a good variety of healthy food that you enjoy. Also, continue trying new things and add them to your diet. Never say never. If you want something that isn't a healthy choice, go ahead, but limit those things to once a week. Not a whole day of it but maybe a meal or snack. Also, stay active doing things you enjoy. You can burn calories and have fun at the same time.

Art McDermott: More and more I believe the obstacles preventing weight loss can fall under two major headings:

1) Time: We live in an incredibly fast-paced society now that does not always allow for proper food selection/preparation. Of course, this lack of time is a great excuse for folks not to workout.

Solution? Set aside a fixed time each week for steaming veggies, grilling meat(s) of your choice and shopping for fresh food. Also, remember, if you don't make time for your health now, you will have to make time for your illness later.

2) Food Quality: This is a highly-charged topic. The industrialization of the food industry means we are getting an abundance of poor quality food. Last year, 2,800 new candies, desserts, ice-cream, and snacks were introduced to the marketplace, compared to 230 new fruits or vegetable products.

In addition, even "healthy" foods such as salads have fewer nutrients than just a few short decades ago due to soil depletion, among other issues. Always keep in mind that the goal of the food industry is to get us to buy more, just like any other business. They will say and do anything to make that happen. All of this means we are making poor food choices because these products are more readily available and cheaper. This is a great model for the food companies, not so much for our waistlines.

Solution? Whenever possible buy locally grown, organic products.

AROUND: Warriors beat Methuen

Continued from Page 14

GIRLS CROSS COUNTRY

McPhee leads Warriors

Meg McPhee paced Andover with a third in 20:35 over 3.1 miles as the Golden Warriors beat Methuen (18-44) but lost to Haverhill (24-33) last Wednesday. Sarah Rothman (fourth) and Cate Donovan (sixth) also stood out for the Golden Warriors, who were running without star Leila Aruri, who missed the meet with an injury.

BOYS SOCCER

Johnson's efforts for naught

Despite two goals for Drew Johnson, Andover lost to Somerville 9-3 on Monday. An Huynh scored the other Golden Warrior goal.

Connor Merinder continued to shine with nine saves as Andover played league rival Chelmsford to a 0-0 tie last Tuesday.

Despite 16 saves for Connor Merinder, Andover lost to North Andover 4-0 last Thursday.

GIRLS SOCCER

Warriors blanked

Olivia Biles turned in six saves, but Andover fell to North Andover 2-0 last Thursday.

GUSTUS: From outstanding player to manager

Continued from Page 14

depended on our managers a lot, and I thought that was a great role I could fill."

Coach George Sullivan was more than happy to have her transition to the manager's role.

"It ate her up alive to have to give up playing volleyball," said Sullivan. "She was going to be a starter

this year. She gave it all she could to come back, and it didn't work out. But she has done a great job as manager."

In her new role, Gustus is everything from coach to cheerleader, and even mascot, she said.

"I love it!" she said. "I do everything I can to support the team. In practice I help out in drills, hitting balls at

them and shagging balls. During games I'll watch the other team and tell coach when someone isn't doing well. But I also lead the cheers because I know what it's like to be out there. I'm the manager, but I'm also kind of the mascot. I get really fired up and scream loudly, especially against North Andover and Central Catholic."

While her playing career may be over, her coach could see her remain in volleyball in college.

"I think she could be a great college volleyball manager," said Sullivan. "She is peppy, hardworking and does everything a coach could ask."



COMMUNITY:

Continued from Page 14

release from the college.

Flanagan finished tied for 19th overall with a 167 at the five-team Penmen Invitational.

ARVIDSON HELPS STONEHILL CLIMB COMEBACK TRAIL

The Stonehill College women's volleyball team erased a 2-0 deficit in its five-set triumph over Merrimack

College by scores of 21-25, 19-25, 29-27, 25-15, 25-15 and 15-12 in Northeast-10 Conference (NE-10) action at Merkert Gymnasium on "Purple Night," Oct. 9.

Junior right-side hitter Kirsten Arvidson, an Andover High graduate, posted a .382 hitting percentage, hammered home a match-high 16 kills, had three block assists and three digs to help the Skyhawks in their come-from-behind efforts.



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