## Adult Events @ MHL

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### FamilySearch: Genealogical Records Preservation & Access
**Thursday, June 1 at 7pm**

If you’ve found family history documents online, there’s a good chance you have FamilySearch to thank. Founded and operated by The Church of Jesus Christ of Latter Day Saints, FamilySearch is the world’s largest repository of genealogical records, and also offers library services and software to facilitate genealogical research. Discover the story of the LDS genealogical faith mission, including details of their preservation, indexing, microfilming and digitizing enterprise taking place around the globe. A brief overview of searching in FamilySearch.org will be demonstrated. Leslie Carabello is the Director of the LDS Family History Center in Lynnfield. Sign up at [www.mhl.org/eventcalendar](http://www.mhl.org/eventcalendar). In Memorial Hall.

### Healthy & Allergen-Free Baking Workshop
**Tuesday, June 6 at 7pm in Memorial Hall**

Paula Castner will share her extensive knowledge and recipes for turning some of your favorite baked goods into healthier alternatives. Learn how to revamp your recipes to accommodate dietary restrictions and food allergies. No cooking, but handouts will be provided. Sign up at [www.mhl.org/eventcalendar](http://www.mhl.org/eventcalendar). Sponsored by the Friends of MHL.

### MHL Pub Trivia at Andolini’s
**Tuesday, June 20 at 7pm**

Bring a team and test your knowledge against questions developed by our librarians. $50 cash prize awarded to the winning team, courtesy of the Friends of MHL.

### Dealing with Ticks
**Protection & Prevention Strategies**
**Tuesday, June 27 at 7pm**

A panel of experts will discuss the different types of ticks and their life spans, the signs and symptoms of Lyme disease, the role pets can play in transmission of tick-borne illnesses, and prevention strategies to minimize the risk of exposure to these dreaded arachnids. Sign up at [www.mhl.org/eventcalendar](http://www.mhl.org/eventcalendar). This program is a collaboration of MHL and the Andover Health Department. It will be recorded for rebroadcast and posted online at [andovertv.org](http://andovertv.org).

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Programs are subject to change. Please call 978-623-8430, or visit [www.mhl.org](http://www.mhl.org) in advance with any questions.
Seed Saving Workshop
Monday, June 12 at 7pm in Memorial Hall
Hannah Traggis, Seed to Table Educator and Senior Horticulturalist at MassHort, will share her extensive knowledge about the best ways to plan for and save seeds from your garden. The Andover Seed Library welcomes saved seed donations from local gardeners. Sign up at www.mhl.org/eventcalendar. Sponsored by the Friends of MHL.

Create a Bullet Journal
Thursday, June 15, 6:30-8:30pm
If you struggle to stay organized, write yourself “reminders” only to misplace them, or find that planning and keeping track of everything takes more time than you’d like, it’s time to learn about bullet journals. Combining the functions of a to-do-list, a planner, and a diary, a bullet journal is a simple, efficient, and intuitive method for managing everything going on in your life with minimal time and effort. Space is limited. Sign up at www.mhl.org/eventcalendar. A blank journal and pen will be provided. In Activity Room.

Discover Your Past Genealogy Club
Thursday, June 8, 10-11am in Memorial Hall
Register at www.mhl.org/eventcalendar.

Researching Military Records Cancelled
Wednesday, June 7, 10-11am
Meets at Senior Center at Punchard
Military service records are rich historical documents that can help you establish your family tree. Service records include war and peacetime documents that can reveal information about families, health, income and place of residence. MHL librarian, Clare Curran, will review military record types and where to find them online and in government archives. Sign up through the senior center. A collaboration of MHL and the Senior Center at Punchard.

Sai Maa Meditation Group
Monday, June 12 at 7pm, Activity Room
The meditation group will meet at a private home after June, at dates and times available on request from SaiMaaMeditationAndover@gmail.com. New members are always welcome.