

November 2015



MEMORIAL HALL LIBRARY

Adult Events @ MHL

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November 5
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November 8
- Pub Trivia
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November 12
- *5 Flights Up*
November 16
- Public Art & Parks
November 19

Programs are subject to change. Please call 978-623-8401 x31, or visit our website www.mhl.org in advance.

Sleep and the Healthy Heart Sunday, November 1 at 2pm

Dr. Kenneth Sassower will present the latest medical research connecting sleep apnea, hypertension, and heart health, plus strategies for preventing and treating a wide range of sleep issues. Dr. Sassower is a triple Board-certified neurologist who specializes in sleep disorders and epilepsy at Massachusetts General Hospital. RSVP at www.mhl.org/eventcalendar or call 978-623-8401, x31. This program, sponsored by Memorial Hall Library and the Merrimack Valley Chapter of Hadassah, is part of Hadassah's national campaign initiative "Every Beat Counts: Hadassah's Heart Health Program™."



Friends' Concert Series: *Hungrytown* Sunday, November 8 at 2:30pm

Jazz singer, Rebecca Hall, and drummer, Ken Anderson, met in New York City. They became inspired to pursue a different kind of music when a close friend died and left them her 1960's folk album collection and guitar. They moved to Vermont and became *Hungrytown*, releasing their first CD in 2008. Their unique music has received extensive radio airplay worldwide, and has appeared on several television shows, including the Independent Film Channel's hit series, *Portlandia*. Sponsored by the Friends of MHL.



Financial Aid & College Planning Workshop Thursday, November 5 at 7pm

Certified College Planning Specialist, Jim Femia, will present a workshop for students and parents about college planning and financial aid. Topics include how to evaluate aid packages, how students can position themselves for favorable offers of aid, and how to avoid costly mistakes on the FAFSA and CSS Profile. Register at www.mhl.org/eventcalendar.



Paddy on the Net: Irish Genealogy Databases Tuesday, November 10 at 7pm

Michael Brophy will present the best websites for Irish genealogical research, including recent landmark additions of vital records and census information. Register at www.mhl.org/eventcalendar or call 978-623-8401 x31. Sponsored by the Friends of MHL.



November 2015 Adult Programs

Discover Your Past Genealogy Club

Thursday, November 12 from 10-11am

Everyone is welcome. Predetermined topics, plus participants learn from each other. Register at www.mhl.org/eventcalendar or 978-623-8401, x31.

The Mother Connection Preschool Fair

Thursday, November 12, 5:30-7:30pm

Meet representatives from area preschools and TMC parent representatives. Pick up a free TMC Preschool Fair Booklet. Be entered to win a door prize. Wiggle Words class at 6pm. Co-sponsored by Memorial Hall Library and The Mother Connection.

Pillowcase Sewing Workshop

Thursday, November 5, 3-5pm

Sew a personalized pillowcase for yourself or to give as a gift in this hands-on workshop. Register at www.mhl.org/eventcalendar. Limit 6. A list of what to bring will be sent by email.



Pub Trivia Returns!

Tuesday, November 10, 7:30pm

MHL librarians test your knowledge of popular culture and events, sports, literature, science, and more with another night of pub trivia at Andolini's. Teams encouraged. Prize for winner. Co-sponsored by MHL & Andolini's Restaurant, 19 Essex St, Andover.

Pocket Parks & Public Art

Thursday, 11/19, 7pm

LWV @ the Library

Continuing the conversation about the Historic Mill District, this will be an interactive public session to discuss the possibilities for public art and pocket parks in Andover. A collaboration of MHL, LWV of ANA, Andover Historical Society, and AHS interns.



Book Groups & Writing Groups at MHL

Nonfiction Group - Wednesday, Nov. 4, 7pm

Missing Microbes by Martin J. Blaser, MD

Morning Group - Monday, Nov. 16, 10:30am

The Son by Philipp Meyer

Great Books Group - Tuesday, Nov. 24, 7:30pm

The Prime of Miss Jean Brodie by Muriel Sparks

Writer's Group - Thursday, November 12, 7pm

Tech
@ MHL



eBook How-To Sessions

• Tuesday, November 3 at 7pm

• Thursday, November 19 at 10am

Bring eBook reader, and library card. Kindle users bring Amazon login and password, iPad users their Apple ID. Register at www.mhl.org/eventcalendar and email gdeyermond@mhl.org the device you'll bring. Friends Alcove 2.



Introduction to Microsoft PowerPoint

Thursday, November 19, 2-3:30pm

Learn the basics of creating presentations using Microsoft PowerPoint. Staff librarian, Curtis Wyant, will provide hands-on help. Limit 7. Register at 978-623-8401, x31 or at www.mhl.org/eventcalendar. In Activity Room.



Social Media 101

Thursday, November 5, 10-11am

Social media refers to websites and applications that enable people to create and share content or to network with each other. Learn about Facebook, Twitter, Pinterest, Instagram and Vine. Call 978-623-8401, x31 or register online at www.mhl.org/eventcalendar.



Conversational English Group

Mondays, November 2, 9, 16, 30 from 10am-noon

To register, contact Carolyn Fantini at 978-475-4602.

MHL Monday Movie in Memorial Hall

5 Flights Up, Monday, November 16 at 7pm

Sponsored by Friends of MHL.

Career Networking Group

Thursday, November 12 from 10-11:30am

- *Networking Your Way to Your Next Gig*

Creative Café, Monday, November 2 at 7pm

Sai Maa Meditation Group

Mondays, November 9 & 23, 7pm

Visit www.sai-maa.com or contact Irina at SaiMaaMeditationAndover@gmail.com. Register at www.mhl.org/eventcalendar. Drop-ins are welcome. Meets in Activity Room.