



Neighbors In Need

COMING SOON

New Neighbors in Need Food Pantry — Our first Andover location!



Four Season's Room
Andover Senior Center
30 Whittier Court
Thursday 4:00-5:00 pm
Registration begins at 3:30 pm

About Neighbors in Need food pantries

- If you are in need of food, come to the food pantry at the Andover Senior Center for a bag of groceries.
- Please get in line when you arrive at the pantry. Don't worry, there will be food for everyone.
- Volunteers will help you fill out an intake form your first time at the pantry.
- Please bring a bag with you to carry home your groceries.

What's in a food bag? Your bag may include:

- 1 package of meat — such as ground turkey, ground beef, fish or chicken
- 1 dairy — such as milk, yogurt, eggs or cheese
- 1 protein — such as peanut butter, tuna or canned chicken
- Canned fruits & vegetables or fruit juice — such as corn, carrots or peas, fruit cocktail peaches, or applesauce
- Either pasta & sauce or rice & beans
- Soup, mac & cheese or other pasta mix
- Fresh fruits & vegetables—zucchini, summer squash, beets, peppers, onions, potatoes, etc.
- Bread or cereal

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978-685-8231

www.needfood.org