

## **Breathable Face Mask Sewing Tutorial / How to Make a Face Mask / Homemade Face Cover / Mascarilla**

From Red Blossom Designs (with permission from Red Blossom Designs)

<https://www.youtube.com/watch?v+F72UoQ6zu0k>

### **Materials -**

2 fat quarters of breathable fabric, we suggest 100% cotton (a fat quarter is 22 x 18" vs. a quarter yard which is 44 x 9"). This will make 2 masks if using contrasting fabric for the lining (back) or 1 if using for both the outside and lining (back) of the mask.

¼ inch elastic

Thread

Pattern

**Seam allowance is ¼ inch or at the edge of the fabric, according to pattern.**

Cut pattern out. Cut one of main fabric for front of mask and one contrasting fabric for the back unless you are using your main fabric for both, then cut two of the main fabric from the pattern piece. Cut 2

3 ½ x 2 ¼" rectangles (also included in pattern) for the casings.

Mark the gather lines on the main fabric and lining fabrics.

Match up outer marks to center marks and press into place.

Stitch across the pleated edges.

Sew center on both main fabric and lining fabric and press each seam to alternate side of the other (from center point).

Match right sides together and stitch top and bottom, leaving pleated edges open to turn.

Turn right side out and press seams flat. Insert nose wire now and affix into center top and pin into place.

Stitch all around edge enclosing wire in top seam.

Match rectangles right side to right sides of mask over pleats and stitch.

Turn over so lining is facing up and fold in top and bottom of elastic casing. Press.

Stitch along edge of casing.

Measure 2 pieces of ¼" elastic approximately 7" long.

Using a safety pin feed elastic through the casing and hand stitch the ends of the elastic together.

Move the elastic seam to the inside of the casing to hide seam and for more comfortable wear.

For clarification on any of the instructions, check out the video that Vicki and Gerry have posted on our library webpage. We followed the directions from the youtube sight listed here, with their permission of course. Look for more tutorials from these crafty co-workers soon. We would love to hear your feedback as well!

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#### Resources:

The Quilted Crow - <https://www.thequiltedcrow.com/>

Stitched in Stone - <http://www.stitchedinstone.net/>

Joann's Fabrics -

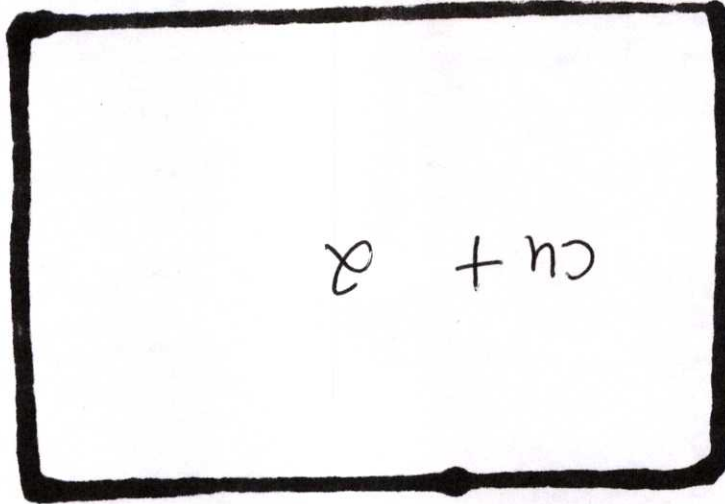
[https://stores.joann.com/ma/methuen/1610/?utm\\_source=Google&utm\\_medium=Maps&utm\\_campaign=Google+Places](https://stores.joann.com/ma/methuen/1610/?utm_source=Google&utm_medium=Maps&utm_campaign=Google+Places)

Hobby Lobby - <https://www.mapquest.com/us/new-hampshire/hobby-lobby-271403107>

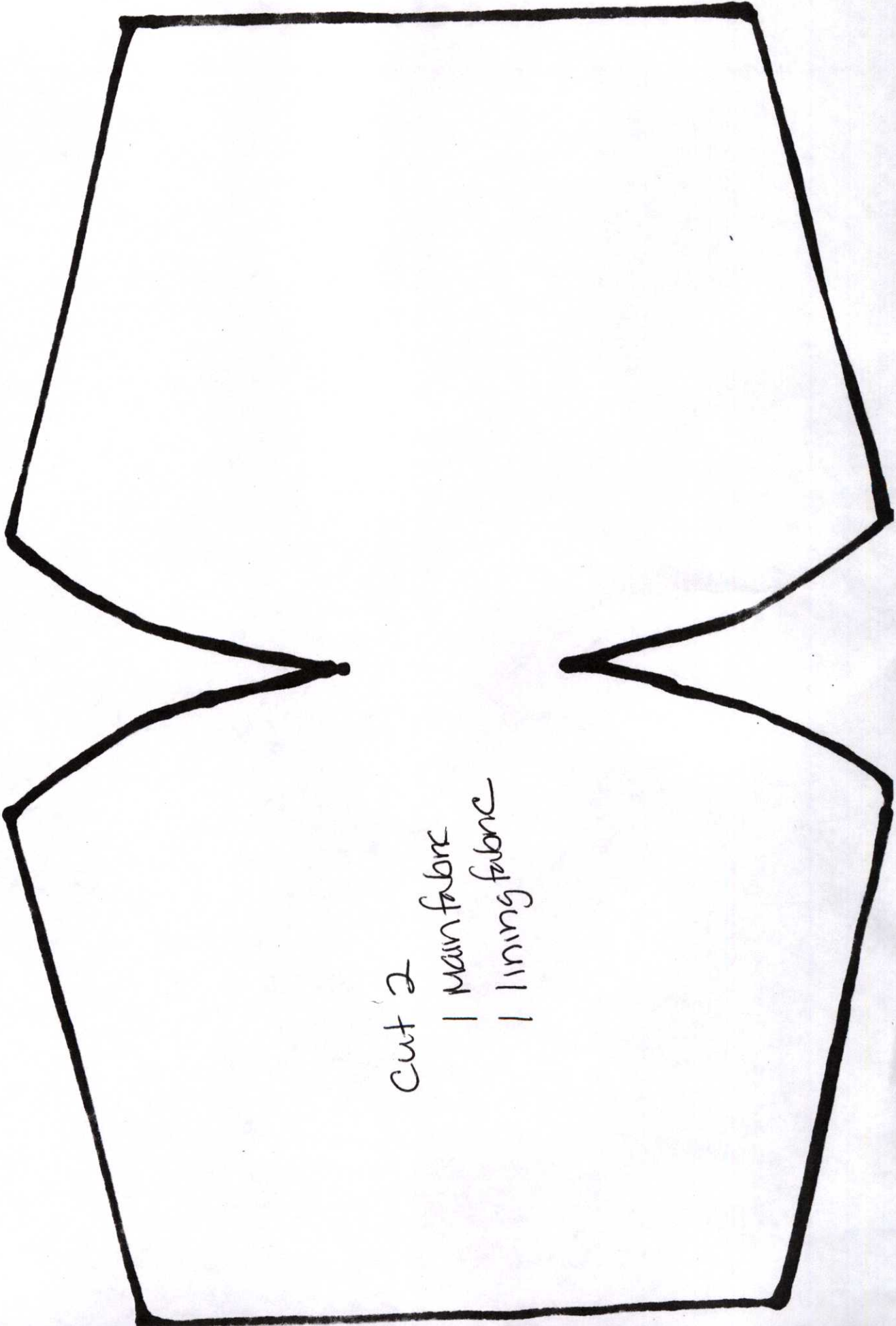
Red Barn Sewing & Yarn Center - <http://www.redbarnonline.com/>

**Gerry loves Colchester Fabric Mill if you are ever taking a ride to Colchester CT!**

**Also, many of the notions we used such as elastic, nose wires, thread, and other sewing supplies were purchased from Amazon.com. at reasonable prices, with reliable delivery times and rarely out of stock.**



Elastic casing



Cut 2

| Main fabric

| Lining fabric