Teen nonfiction is shelved by call number and is interfiled with the adult nonfiction on the ground floor (one floor below the teen room). Ask a librarian for help finding anything!

Looking for more suggestions?

MHL subscribes to two databases that will give book suggestions based on other books you've enjoyed.

Check them out at:
http://www.mhl.org/databases

Also, fill out our reading suggestions survey and a teen librarian will email you personalized book recommendations:
https://mhl.org/teenbookrecs

Nonfiction books are true stories about real people and events! (It's the opposite of "fiction" which are made-up stories. We know it's easy to get those two mixed up.) Nonfiction books are generally shelved on the ground floor, not in the Teen Room.
**Transaction: my quest to a beard**
by Alex Bertie
*BIOGRAPHY BERTIE / TEEN*
A brave firsthand account of author Alex Bertie's life, struggles, and victories as a transgender teen, and a guide for transitioning teens.

**The rise and fall of Charles Lindbergh**
by Candace Fleming
*BIOGRAPHY LINDBERGH, CH. / TEEN*
The award-winning author of The Family Romanov shares insights into the more complicated aspects of celebrated aviator Charles Lindbergh's life, from his Nazi sympathies and anti-Semitic beliefs to his advocacy of environmental causes.

**Free Lunch**
by Rex Ogle
*BIOGRAPHY OGLE / TEEN*
A sixth grader from an economically disadvantaged family struggles in a new school where he is forced to endure humiliation over his secondhand clothing and public daily requests for his school's free lunch program.

**A face for Picasso: coming of age with Crouzon syndrome**
by Ariel Henley
*BIOGRAPHY HENLEY, AR. / TEEN*
The first known identical twins to survive Crouzon syndrome, Ariel and Zan underwent many appearance-altering procedures, in this memoir in which Ariel explores identity and beauty, and strength.

**Poisoned water**
by Candy J. Cooper
*BIOGRAPHY COOPER / TEEN*
Reveals the true story of Flint, Michigan's poisoned water supply, describing how the water crisis unfolded in 2014 and the history of racism and segregation that led up to it.

**Yummy: a history of desserts**
by Victoria Grace Elliot
*Teen Graphic Elliot*
Combining the history of desserts with recipes to try at home, this delectable nonfiction graphic novel for kids takes them around the world and back to learn and taste the true stories behind everyone's favorite treats!

**The woman all spies fear: code breaker Elizabet Smith Friedman and her hidden life**
by Amy Butler Greenfield
*BIOGRAPHY FRIEDMAN, EL. / TEEN*
Recounts the inspiring true story of Elizabet Smith Friedman, an American woman who pioneered codebreaking during WWI and WWII but was only recently recognized for her extraordinary contributions.

**Symphony for the City of the Dead**
by M. T. Anderson
*940.54 AND / TEEN*
An account of the Siege of Leningrad reveals the role played by Russian composer Dmitri Shostakovich and his Leningrad Symphony in rallying and commemorating their fellow citizens.

**Fallout: spies, superbombs, and the ultimate Cold War showdown**
by Steve Sheinkin
*972.9106 SHE / TEEN*
The celebrated nonfiction author takes on the Cold War, a decades-long showdown that culminated in the Cuban Missile Crisis, the world's close call with the third—and final—world war.

**A man called Horse: John Horse and the Black Seminole Underground Railroad**
by Glennette Tilley Turner
*970.00497 TUR / TEEN*
Focusing on the little-known life of the Black Seminole warrior, chief and diplomat, and drawing on oral histories of his descendants.