



If I tell you the truth

by Jasmin Kaur

Kiran flees her home in Punjab for a fresh start in Canada after a sexual assault leaves her pregnant with a daughter, Sahaara, but when Sahaara learns the truth about Kiran's past, she feels compelled to seek

justice, even if it means challenging a powerful and dangerous man.



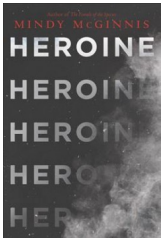
When stars are scattered

by Victoria Jamieson

Teen Graphic Jamieson

A Somali refugee who spent his childhood at the Dadaab camp and the Newbery Honor-winning creator of Roller Girl present the graphic-novel story of a young refugee who struggles with

leaving behind his nonverbal brother when he has an opportunity to help his family by going to school.

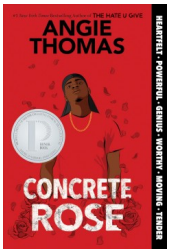


Heroine

by Mindy McGinnis

Determined to see her softball team through a historic tournament run despite severe injuries, Mickey Catalan is prescribed painkillers that initially help, before high pressure

leads to an out-of-control addiction.



Concrete rose

by Angie Thomas

A gang leader's son finds his effort to go straight for the sake of his child challenged by a loved one's brutal murder, in a poignant exploration of Black coming-of-age set 17 years before the events of the award-winning The Hate U

Give.

Unless otherwise indicated, all books are in the Teen Room shelved by the author's last name.

Need more books on sensitive subjects?

Look for these numbers on the shelves on the Ground Floor (one floor below the Teen Room).

For more privacy use self-checkout machines.

- Abortion 363.46
- Addiction 362.29
- Anxiety 616.8522
- Bankruptcy 346.078
- Debt 332.024
- Depression 616.8527
- Divorce 306.89
- Domestic Violence 362.8292
- Eating Disorders 616.8526
- Grief 155.937
- LGBTQ 306.76
- Pregnancy 618.2
- Rape 362.883
- Sexual Health 612.6 613.9 & 613.95

If you need more information on other topics and feel comfortable doing so, ask a librarian.

Also, fill out our reading suggestions survey and a teen librarian will email you personalized book recommendations:

<https://mhl.org/teenbookrecs>



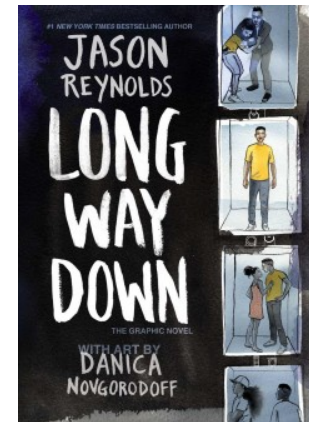
Memorial Hall Library

2 North Main Street

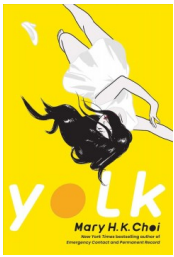
Andover, MA 01810

978-623-8400 | mhl.org

The Tough Stuff Booklist for Teens



Looking for realistic fiction and nonfiction stories about real issues like mental health, grief, and sexual assault? These books might be for you.



Yolk

by Mary H. K. Choi

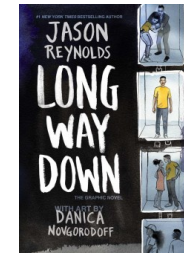
Estranged over disagreements about their respective life choices, a straitlaced older sister and a flaky younger sister test the limits of what they are willing to do for each other, including swapping identities, when one is diagnosed with a life-threatening illness.



Love is a revolution

by Renée Watson

Falling for an activist during an open-mic party, plus-sized Nala tells increasingly complicated lies about how much she shares her crush's interests, before learning unanticipated lessons in radical love and self-love.



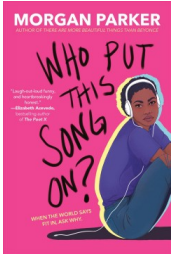
Long way down : the graphic novel

by Jason Reynolds

Teen Graphic Reynolds

As Will, fifteen, sets out to avenge his brother Shawn's fatal shooting, seven ghosts who knew Shawn board the elevator and

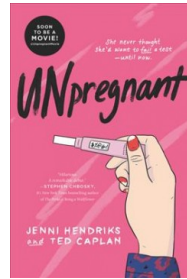
reveal truths Will needs to know.



Who Put This Song On?

by Morgan Parker

17-year-old Morgan is a black teen triumphantly figuring out her identity when her conservative town deems depression as a lack of faith, and blackness as something to be politely ignored.



Unpregnant

by Jenni Hendriks

When seventeen-year-old Veronica Clarke discovers she is pregnant, she enlists the help of high school misfit Bailey Butler to drive her over nine hundred miles to the closest abortion clinic



The lucky ones

by Liz Lawson

Struggling with grief, anger and survival guilt in the months after her twin is murdered in a school shooting, May forges an unexpected bond with the maligned son of a woman who incurred local wrath for

defending the shooter.

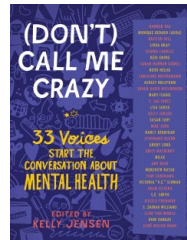


Life in the balance

by Jen Petro-Roy

Tween Fiction Petro-Roy
Practicing all of her life to earn a spot on the All-Star softball team, young Veronica explores other opportunities and hobbies when her mother's rehabilitation expenses prevent her family from

affording team fees.



(Don't) call me crazy

by Kelly Jensen

616.89 *DON / TEEN*

Essays, lists, poems and art explore the ways 33 best-selling authors and celebrity contributors have coped with and thrived in the face of

mental illness, in an anthology that includes entries by Kristen Bell, Nancy Kerrigan and Libba Bray.



Fighting words

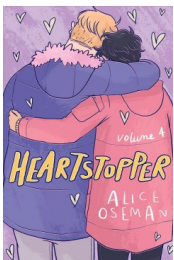
by Kimberly Brubaker

Bradley

Tween Fiction Bradley

Depending on an older sister who protected her when their mother went to prison and their mother's boyfriend committed a terrible act, 10-year-old Della

tries to figure out what to do when her older sister attempts suicide.



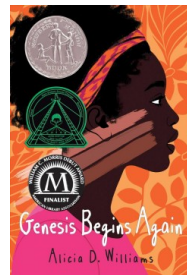
Heartstopper. Volume 4

by Alice Oseman

Teen Graphic Oseman

Charlie and Nick's relationship has been going really well, and Charlie thinks he's ready to say those three little words: I love you—but Nick's got a lot on his mind, especially the thought of

coming out to his dad and the fact that Charlie might have an eating disorder.



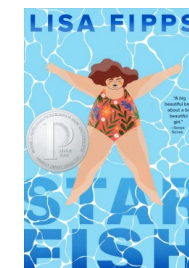
Genesis begins again

by Alicia Williams

Tween Fiction Williams

A 13-year-old girl who is so oppressed by low self-esteem that she keeps a list of the things she hates about herself must overcome internalized racism and a verbally abusive

family to learn to love herself.



Starfish

by Lisa Fipps

Tween Fiction Fipps

A debut novel-in-verse follows the experiences of a girl who tries to change her behavior when she is bullied for her weight, before a swimming hobby, a kind therapist and an

accepting new neighbor help her embrace her true self.