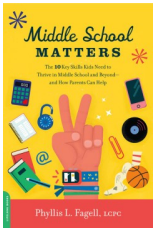


Nonfiction for Parents of Middle Schoolers



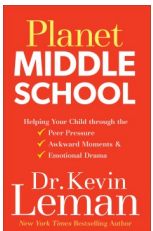
Middle school matters

by Phyllis L. Fagell

373.236 FAG

Middle school is its own important, distinct territory, and yet it's either written off as an uncomfortable rite of passage or lumped in with other developmental phases. Based on her

many years working in schools, professional counselor Phyllis Fagell sees these years instead as a critical stage that parents can't afford to ignore.



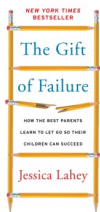
Planet middle school

by Kevin Leman

373.236 LEM

Presents advice for parents of middle school students, discussing how they can best help their children overcome pressures to conform, develop a positive self image, express gratitude, and plan

their future.



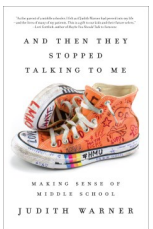
The gift of failure

by Jessica Lahey

649.7 LAH

A full-length guide based on the author's provocative essay on the website of The Atlantic counsels parents of school-aged children on how to overcome tendencies toward over-protectiveness to allow

children to develop independence.



And then they stopped talking to me :

making sense of middle school

by Judith Warner

306.874 WAR

Citing the convergence of developmental changes that often render the middle-school years difficult, a compassionate guide draws on student testimonies and

professional insights to counsel parents on how to help middle-school children thrive.

Welcome to the Teen Room!

Middle school can be tough for both students and parents, and the library wants to help! The first thing we want you to know is that we want kids to read whatever books they are interested in reading.

So, although our Teen Room is open to all kids in grades 6th-12 graders, if a 6th grader loves books that are shelved in our children's collection, that's great! Many authors have books that appeal to a wide range of ages. In some cases, such as Rick Riordan, we keep copies of those books in both the Children's Room and the Teen Room. We don't want new middle schoolers to feel like they suddenly have to stop reading series they love!

Teen Fiction vs. Tween Fiction

You have may noticed in the catalog and the Teen Room that we have Teen Fiction and Tween Fiction. Generally, Teen fiction has content and topics that are geared toward readers in grades 9 - 12 and Tween fiction is geared toward readers in grades 6 - 8. You can see that the Tween collection has spine stickers that look like the image below.

Patrons are welcome to read any book from any section in the Teen Room - and the library! - but the Tween collection can help middle schoolers find those "just right" books for their reading and interest level.



Transitioning to Middle School



For Tweens and Parents



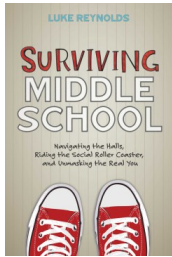
Memorial Hall Library

2 North Main Street

Andover, MA 01810

978-623-8400 | mhl.org

Nonfiction for middle schoolers



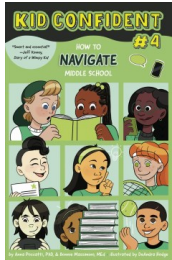
Surviving middle school

by Luke Reynolds

373.18 REYNOLDS / TEEN

A veteran teacher counsels kids on how to survive and thrive in middle school, outlining helpful life lessons about how to find their footing and rise to challenges that may be complicated by peers and home-life

issues.

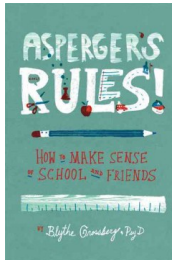


How to navigate middle school

by Anna Pozzatti

J 371.3 POZ

How to handle the increasing academic demands of middle school, organizational skills and time management, how to be self-determined, have grit, and a sense of agency.



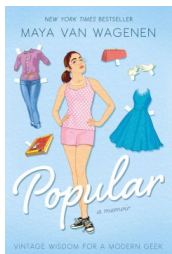
Asperger's rules! : how to make sense of school and friends

by Blythe N. Grossberg

618.9289 GRO / TEEN

Offers guidance to young people with Asperger's syndrome by explaining how to understand and communicate with their peers and teachers, standing up for and taking care of

themselves, setting realistic goals, and making friends.



Popular : Vintage wisdom for a modern geek

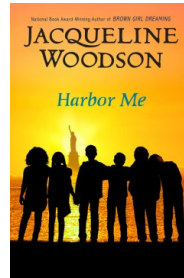
by Maya van Wagenen

155.533 WAG / TEEN

Documents an 8th grade student's year-long attempt to change her social status from that of a misfit to a member of the "in" crowd by

following advice in a 1950s popularity guide.

Teen Room Fiction for middle schoolers



Harbor me

by Jacqueline Woodson

Tween Woodson

When six students are chosen to participate in a weekly talk with no adults allowed, they discover that when they're together, it's safe to share the hopes and fears they have to hide from the rest of the world.



Tegan and Sara : junior high

by Tegan Quin

Teen Graphic Quin

In this graphic coming-of-age memoir, indie-pop twin-sister duo Tegan and Sara share their junior high experiences of growing apart as they make different friends and take separate paths to understanding their

queerness.



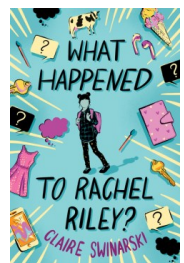
Invisible

by Christina Diaz Gonzalez

Teen Graphic Gonzalez

When five overlooked students are forced to complete their school's community service hours, they meet someone in need but must decide if they are each willing to expose their own secrets to help... or if remaining

invisible is the only way to survive middle school.



What happened to Rachel Riley?

by Claire Swinarski

Tween Swinarski

New at East Middle School, Anna's curiosity is piqued when one of the most popular girls in school, Rachel Riley, becomes a social outcast but no one will tell Anna why, compelling her to put her fact-seeking skills to

good use.

Children's Room Fiction for middle schoolers



Real friends

by Shannon Hale

PB/J/Graphic Hale

When her best friend Adrienne starts hanging out with the most popular girl in class, Shannon questions with whether she and Adrienne will stay friends, and if she is part of the clique



Jennifer Chan is not alone

by Tae Keller

J Keller

When Jennifer Chan, a new girl who believes she can find aliens, goes missing, Mallory Moss sets out to find her and must figure out why Jennifer might have run—and face the truth inside herself.

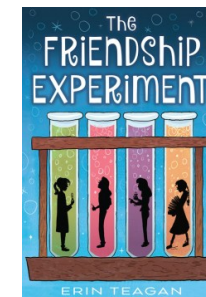


Playing through the turnaround

by Mylisa Larsen

J Larsen

When their beloved Jazz Lab teacher is let go due to budget cuts, his students hatch a plan to save their class, becoming an unlikely band of crusaders whose quest turns into something bigger than they ever could have imagined.



The friendship experiment

by Erin Teagan

J Teagan

Dreading the start of middle school after her grandfather dies and her best friend moves away, aspiring scientist Madeline unexpectedly catches the attention of potential new friends who are curious about what she is writing in her lab

notebook.